



NANKANA SAHIB PUBLIC SCHOOL **GILL PARK, LUDHIANA**

Welcome to the

NEWSLETTER

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NSPS Newsletter

2024

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From the pen of *Editor - In - Chief*

Dear All

We are simultaneously marching towards the second half of academic session and festive season. Everyone is brimming with positive energy, enthusiasm and high hopes to do the best in times to come. We should not merely pass time but should celebrate life with joy, love, and togetherness that will further make our community class apart.

It is high time when one should speculate on what we have achieved so far and what is yet to be done so that the academic year 2024-2025 could be the best for all of us.

Wishing all of you a season full of joy, learning and peace!

Anupam Bhagria
Editor-In-Charge

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NSPS students excel at NCC Camp

July 3, 2024

The NCC cadets of Nankana Sahib Public School Gill Park emerged victorious at the Combine Annual Training Camp-54 organized at Amrit-Indo Canadian Academy Ladian Khurd. The camp was held under the guidance of CO Group Captain Baljinder Singh Gill. Showcasing their exceptional performance across diverse competitions they proved their potential yet in another sphere.



As many as ten schools participated in this camp. NSPS students achieved notable success. The girls secured gold medals in Handball and Cultural events, while an NCC cadet Japneet Kaur excelled with Gold in the 100m race. Another cadet Japneet Kaur triumphed with a Gold medal in the 400m race. The 4 X 100 relay team, including Japneet Kaur, Japneet Kaur, Prachi, and Harshita Gupta, secured a commendable second position. In volleyball, the boys clinched a Bronze medal.

School student's story to be published in the "e-book" of CBSE

July 4, 2024



Creativity outshined once again when a student of Nankana Sahib Public School Gill Park Ludhiana did exceptionally well in Budding Authors Program 2023-24 of CBSE. Avneet Kaur Gill, a student of X Science has been recognized for her outstanding story, which will be published in the e-book on the CBSE Academic website. Only a few were selected out of all the stories sent by students across the country and her story is one of the selected one.

Her story was "The Enchanted Compass and a Tale of Love" She submitted this story online last year.

Proving their dedication for Sikh Martial Art, a team of students of Nankana Sahib Public School Gill Park Ludhiana succeeded in winning first position

A team comprising of Sahibveer Singh, Sehajdeep Singh and Jashanpreet Singh participated in Bidhi Chandiyee Gatka Cup organized at Delhi by Kirpam-Kirat Gatka Akhada(Dal Baba Bidhi Chand ji Delhi registered).The NSPS got first position.

However Sahibveer Singh also got first position in an individual event by defeating a Gatka player of Amritsar.

It needs to be mentioned here that Sahibveer Singh a student of Class plus one Arts also got first position in Dooja virsa sambhal- a Gatka Competition organized at Village Kharajpura in Patiala district. The competition was organized in the memory of Dhan Dhan Shaheed Bhai Uday Singh ji. As many as 12 teams participated in this. Sahibveer Singh defeated an opponent from Hasanpuriya team.

July 8, 2024



July 9, 2024

Student excel in Online Quizzes.



The students of Nankana Sahib Public School Gill Park excelled in the online quizzes organised by ProProfs quiz maker. Kiranpreet Kaur, a student of class VII participated in an online quiz competition and performed exceptionally well in both Maths and Science quiz. Her outstanding score of 97 out of 100 in the Maths Quiz highlights her impressive academic abilities and dedicated approach to learning.

School student won second prize

July 11, 2024

It is a matter of great pride that a student of class IX succeeded in winning second position in two different competitions. Jasanpreet Singh Dhillon a student of IX standard won second prize in turban tying competition organized by Prabandhak Committee Gurudwara Sahib (Andrila) Patti Bhoju, Badundi. As many as 40 children participated in it. The winning student has been awarded with a cash award of rupees 500.

However in another competition of long hair organized by Gurudwara Prabandhak Committee NRI Veer and village Latala Jasanpreet also won the second position. He was awarded with a cash award of rupees 200. Congratulating him, the school Principal Mrs Harmeet Kaur Waraich said, "This is a big achievement especially when people are blindly following western culture but our student is following the path shown by Gurbani.



Creativity galore at NSPS, 14 students wrote 22 books



Proving their literary brilliance the budding writers of Nankana Sahib Public School Gill Park, Ludhiana tried their pen in BriBooks Summer Book writing festival and got their as many as 20 books published in the BriBooks Summer Book Writing Festival. It is a matter of immense pride that as many as 14 students came up with their 20 books in this festival.

Interestingly two students, one from Middle and the other one from senior Secondary section wrote six books. From the senior secondary section It is Avneet Kaur of Plus Two medical who has three books to her credit. These include Virtual Voyage, The Multiversal Monarchy and Inner Flame. However from the middle section it is Kiranpreet Kaur of class VII who could write three books namely “Animals are agreeable friends, Habits and hobbies and Trust.” There are four student writers, each one of them wrote two books. These are Varleen Kaur (XII Medical) accomplished two books i.e. The Building In The Sky and Soul.Swap. Nimratpal Kaur of XII Medical tried her hand on Scientist Michael Faraday and Grandpa.

However Jasmeet kaur of XII medical wrote books The Unforgettable Love and Power of Mindset, Japneet Kaur Ghataurey of Plus two Commerce wrote books including Emotions and Stress-Great Dare. Sneha a student of Plus Two medical wrote book A Diligent Girl at her own and she also coauthored a book with her classmate Gurjashan i.e The Sky Is The Limit. The six students authored their books independently. These are Prabhleen Kaur of XII Arts who wrote Magic by God. She has been declared as queen of Nankana Sahib Public School as her two books have been already sold on Amazon. However Anmoldeep Kaur of XII Medical wrote book “Nothing is impossible”, Priyalpreet Singh of XII Medical succeeded in writing a book The Last Tree, Ishpreet of XII Medical got his book published Echoes of Eternity and Gurveer Singh Sandhu a Plus One Non -Medical student succeeded in writing his book heart’s Eternal Symphony. Devansh of XII- Arts wrote Kingdom Wars. It needs to be mentioned here that Dewansh Kumar wrote his first book last year ‘‘Twisted Family.’’ His other book is in the pipeline. It is Exorcism World Vol 1: Devil& alliance. Each of these books are available for sale on Amazon.

Students reflect oratory skill in declamation

July 20, 2024

More than 30 students showcased their oratory skills in the interclass English declamation contest organized for Classes IX to XII. Students honed their oratory skills and tested their potential by participating in it.

The topics of declamation were Population Explosion in India, Women Empowerment - Yet a long walk to go, Fire incidents in big forests like Amazon _ a big threat to environment, Drug addiction on rise among Girls, Pollution a big problem, Child Labour, Indiscipline among students and Youth Indulging in Cyber Crime. The results of declamation are as follows:

Jashanpreet Kaur of XII Commerce -A and Anukampa of IX -D success in scoring first position. Gurveer Singh Sandhu of XI Non -Medical and Avneet Kaur

Gill of IX- A secured second position. The third position was attained by Gyan Kaur of XII Arts-B and Prabhsimran Singh of class X-A. Jashanpreet Kaur of XII Commerce-A won the consolation award.



NSPS hosted CBSE capacity building programme

July 25, 2024

Nankana Sahib Public School Gill Park Ludhiana hosted CBSE Capacity Building Programme on Storytelling as Pedagogy (PRP). This one day long programme was organised by COE Chandigarh.

As many as 60 teachers from different schools of Ludhiana participated in it. Navneet Kaur Principal, Harkishan Public School, Dugri and Harleen Kaur Headmistress, Cambridge Innovative School, Jalandhar were the Resource persons.

They conducted the workshop in a very creative and innovative way and kept everyone totally absorbed in learning different ways of storytelling. The aim of the workshop was to update the teachers with most required teaching strategies related to the subject, in alignment with the board's commitment to holistic and harmonious education. The session was designed to

storytelling. The Primary Incharge of Nankana Sahib Public School Gill Park Ludhiana Mrs. Jasmeen Kaur addressed the gathering, highlighting the importance of storytelling in the present scenario of education.



Budding orators from class VI to VIII compete at declamation contest

July 26, 2024



The budding orators of the school showcased their oratory skills in an interclass English declamation contest. More than 20 students from class VI to VIII participated in this with enthusiasm.

The budding speakers shared their views on The Importance of Time Management, Role of technology in education, global warming, paper books Vs e-books, All that glitters is not gold, Don't judge a book by its cover, As you sow, so shall you reap. They kept everyone glued to their seats by their good intonation, pronunciation and above all confidence.

The school Principal Mrs Harmeet Kaur Waraich applauded all who participated. She exhorted them to participate in such events in the future for their bright future. The results of declamation are as follows:

Ekamveer Singh of VIII stood first, Harsimran of class VI and Kanwalpreet singh of class VIII got second position. The third position was scored by Abhishek Verma of class VII and Dilpreet Kaur of class VIII. The consolation prize was shared by Priyanshi of class VIII and Avnoor of class VII.

Exhibition of Science and Social Science models organized

July 27, 2024



Reflecting their creativity the students from class first to tenth of the school exhibited their models of science and social studies in a combined exhibition today. The students prepared models on different topics including *Circulatory System, Rainwater Harvesting, Solar Eclipse, Vacuum Cleaner, Skeleton System, Earthquake, Balanced Diet, Rotation and Revolution, Global Warming and Phases of Moon.*

The results of Science Exhibition from Grade III to V are as follows:

GRADE III

First Position

Awalnoor Singh (IIIC)
Manveer Kaur (IIID)
Ekamjot Singh (IIIE)

Second Position

Mehak Verma (IIIA)
Jasroop Kaur (IIIC)
Jasmeet Kaur (IIID)
Manraj Singh (IIIC)
Agamjot Singh (IIIG)

Third Position

Rehmat Kaur (IIIA)
Mehroop Kaur Gill (IIID)
Avnoor Kaur (IIID)
Hargun Kaur (IIID)

Consolation Prize

Vivaan Shukla (IIIB)
Gurmandeep Kaur (IIID)
Parteek Singh (IIIE)
Harshaan Singh (IIIE)
Ajit Singh (IIIG)
Abhijot Singh (IIIF)

GRADE IV

First Position

Japji Kaur (IVA)
Sehajveer Singh (IVC)
Gunreet Kaur (IVC)

Second Position

Kiratleen Kaur
(IVA)
Amyra (IVA)
Divnoor Kaur (IVD)

Third Position

Maninderjeet Kaur (IVA)
Japjot Singh (IVB)
Eknoor Kaur (IVB)
Jashanjeet Singh (IVF)
Nimrat Kaur (IVE)

Consolation Prize

Khushpreet Singh (IVB)
Loveleen Kaur (IVB)
Prabhjot Singh (IVD)
Agamjeet Kaur (IVE)

GRADE V

First Position

Manjot Kaur (VC)
Harseerat Kaur (VF)

Second Position

Namanjot Kaur (VF)
Loveleen Kaur (VF)
Avnoor Singh (VA)

Third Position

Agamveer Singh (VA)
Ashwani Singla (VE)
Seerat Kaur (VE)

Consolation Prize

Japjot Singh (VB)
Tripatveer Singh (VA)
Amoldeep Singh (VD)

Social Science Models

1) Wind Mill	2) Mt. Everest	3) National Symbols
4) Means of Communication	5) Village Scene	6) Water Cycle
7) Signs and Symbols	8) Rotation and Revolution	9) Volcano
10) Frigid Zone / Zones of the Earth a) Delhi (Capital of India) b) Fire Brigade		

GRADE III

First Position

Jasroop Kaur (IIIC)
Gurdeep Singh (IIID)

Second Position

Baldeep Singh (IIIB)

Third Position

Mehak Verma (IIIA)

Consolation Prize

Jaskirat Singh (IIIG)
Gurleen Kaur (IIIB)

GRADE IV

First Position

Kiratleen Kaur (IV A)
Divnoor Kaur (IV D)

Second Position

Amyra Sohal (IVA)
Mehakpreet Kaur (IVC)

Third Position

Avneet Kaur (IVF)
Onkar Singh (IVA)

Consolation Prize

Abhijot Singh (IVF)
Shehnoor Kaur (IVC)
Siddak Kumar (IVE)

GRADE V

First Position

Sukhmandeep Kaur (VB)
Loveleen Kaur (VF)

Second Position

Namanjot Kaur (VF)
Dilraj Singh (VA)

Third Position

Udayveer Singh (VE)
Bikramjot Singh (VD)

Consolation Prize

Fateh Singh (VC)

The students of class 1 to 11 also participated enthusiastically. They prepared models on *Neighborhood Places, Farm Animals, Types of Houses, Junk Food, Healthy Food, Earth, Phases of Moon, Means of Transport, Traffic Rules, Traffic Lights, Good Habits, Day-Night Scene*. The results are as follows:

First Prize

Sarmanjot Singh (1F)
Harfateh Singh (1E)

Second Prize

Samarveer Singh (1B)
Harseerat Kaur (1C)
Samayra (1E)

Third Prize

Hargun Kaur (1J)
Anshveer Singh (1D)
Mannat (1G)

Consolation Prize

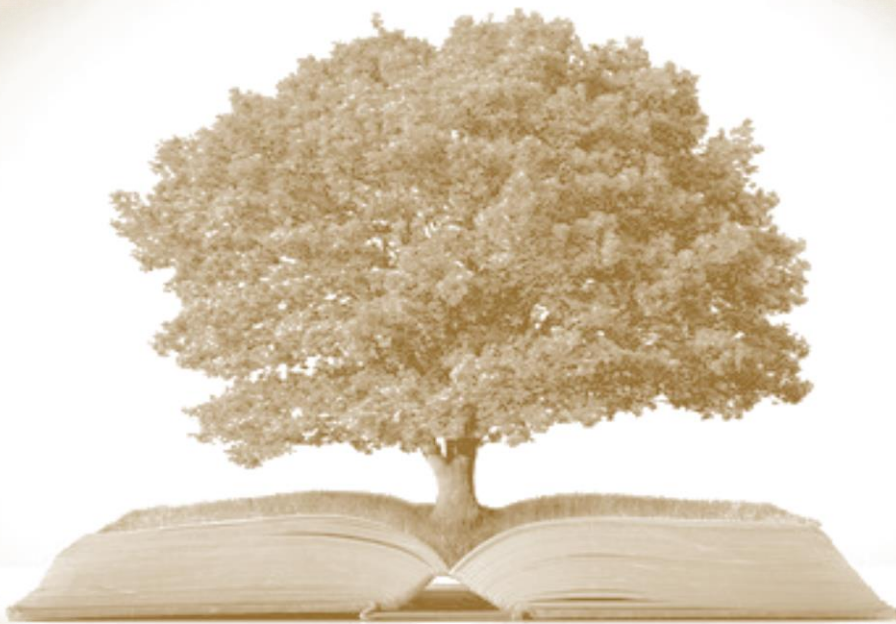
Samridhi (1A)
Jasbir Singh (1H)
Gurnaz Kaur (1I)

The *Primary Incharge* of the school *Mrs Jasmeen Kaur* appreciated all the students and exhorted them to keep learning by doing.

NCC and NSS volunteers planted saplings

July 31, 2024

The NCC cadets of 4 Pb Air Sqn and NSS volunteers of Nankana Sahib Public School Gill Park Ludhiana planted saplings under Plantation Drive here today. The cadets planted the saplings under the guidance of Commanding Officer Group Captain *Sardar Baljinder Singh Gill*. The drive was supported by former Sarpanch of Gill Village *Sardar Baljeet Singh Gill* and *Sardar Sukhdarshan Singh Gill*. The Village Committee members also marked the occasion. However the NSS volunteers of the school from XI and XII also participated in the plantation drive under the guidance of Programme Officer *Kuljeet Kaur*. The volunteers planted saplings of *Neem*, *Gulmohar* and some flowering plants at Gill village and in the school premises. The Primary Incharge of the school *Mrs Jasmeen* appreciated the plantation drive and emphasized to keep the environment clean and green.





August 2024

Aug 3, 2024

NSPS students excel in ISRO Workshop



It is a matter of great pride that more than about ten students of *Nankana Sahib Public School* excelled in the *online ISRO Mission Workshop* held in the month of July. The four days long workshop was attended by *Anushka, Kiranpreet Kaur, and Noordeep Kaur* from Class VII and *Sukhmanpreet Kaur, Aditi, Jaskirat Kaur, and Harsimran* from Class VI. They successfully completed the workshop and were awarded appreciation certificates. In addition, four students out of these completed an online Science Quiz and came up with flying colours. *Kiranpreet Kaur, Amrit Kaur Grewal, and Anushka* scored 100 percent while *Neeru Rani* achieved 92 percent. All the four participants were also awarded with certificates of Appreciation.



Rakhi Exhibition held at NSPS

Aug 3, 2024



The school organized a Rakhi exhibition with a motive of charity. The school provided the platform to deaf and dumb children for selling their rakhis. These Rakhies were prepared by students of Ambuja Manovikas Kendra being run by Ambuja Foundation, at Village Salora, Morinda Road, district Ropar. This Kendra currently has around 110 special Students.

Beautiful Rakhis prepared with pearls and silken threads by these creative students were sold like hot cakes. Showing their generosity, students and teachers from all classes purchased enough to support these special kids financially. *Mrs Rama Devi* the speech therapist and *Mrs Gurmeet Kaur* special educator thanked all the students and teachers for rendering a helping hand towards this noble cause.

Sardar Inderpal Singh Chadha Director Nankana Sahib Education Trust and *Mrs Harmeet Kaur Waraich* Principal of Nankana Sahib Public School also marked the occasion.

NSPS players emerged victorious

Aug 5, 2024



The budding players of volleyball emerged victorious in the zonal level tournament held at Sacred Soul Convent School Dhandra. In Under - 17 tourney girls won first position Avneet kaur Gill, Harshita Gupta, Simardeep Kaur, Vanshika, Tanvir Kaur and Japneet Kaur got selected for district level.

However in the Under – 14 tourney of girls, the budding players of Nankana Sahib won second position. Gurleen Kaur Gill, Muskan Kalsi, Ashmeet Kaur, Mannatpreet Kaur, Gurleen Kaur and Ekamjot Kaur got selected for district level.

Aug 6, 2024

NSPS students won second prize in LSSC competition

The budding bhangra artists of Nankana Sahib Public School Gill Road brought laurels to the school by winning second position in bhangra competition organized by Ludhiana Sahodaya Schools Complex. The competition was organized at *BCM Sector 32 Chandigarh Road* in which 32 schools participated. The bhangra team included nine students. These are *Armaandeeep Singh, Jaspreet Singh, Gurashish Singh, Jaspinder Singh, Baldeep Singh, Amritpal Singh and Sukhmanpreet Singh* from class XII Arts . However two students i.e. *Tanveer Singh and Prabhjit Singh* are from class IX.



NSPS players stood first in U-14 Zonal tourney

Aug 8, 2024



Proving their sportsmanship at the tender age the players of *Nankana Sahib Public School Gill Park Ludhiana* won first position in *Under -14 Volleyball* zonal level tournament. The sports event was organized at Sacred Soul Convent School Dhandhran. The players played so well that six of the team has been selected for the district level. These included *Raghav, Jagir Singh, Amanjot Singh, Prabhkirat Singh, Sukhkirat Singh* and *Jasnoor Singh*.

NSPS Team second at Zonal Tournament

Aug 9, 2024

Showcasing their sports skills the basketball team of U-19 of Nankana Sahib Public School stood second at Zonal Level Tournament held at DAV Public School, Pakhowal Road. The team secured second place. Three players of the team got their name registered at the district level. The victorious team members included *Gurmat Singh, Harmandeep Singh* and *Jatin Kumar*.



NSPS Chess champions excel

Aug 9, 2024



Not only in outdoor games but in the indoor games also the budding players of Nankana Sahib Public School Gill Park Ludhiana have marked their presence in different events. From U-17 to U-19 many players of chess excelled. In the Ludhiana Sahodaya Schools Complex event of the U-17 boys and girls, the school teams secured fourth position. However in the Zonal tournament organized at BCM Arya School, Dolan Khurad, all the U-14, U-17, and U-19 teams of boys teams secured third place, while the U-19 girls team also succeeded in achieving third place. Notably, Arashpreet Kaur from the U-19 girls' team, Hemant Kumar from the U-17 boys' team, and Gagandeep Singh and Devender Singh from the U-19 boys' team has been selected for the district level.

Vedic declamation contest held at NSPS

Aug 11, 2024

A Vedic declamation contest was organised at school. It was an interclass contest in which 12 students from class VIII to XII participated. Reflecting their oratory skills the budding orators expressed their views on about dozen topics including Jeevan mein sanskron ka mahatav, Karm se hi Bhagya Banta Hai, Samay ka mahatva etc.

Gurvir Singh Sandhu of Plus One Science scored first position in this event. However Jashanpreet Kaur of XII Commerce remained second and third position was scored by a class IX student Gurnam Singh. The declamation was held under the guidance of Shri Roshan Lal Arya, General Secretary of Ved Prachar Mandal.



Investiture ceremony held at NSPS

Aug 13, 2024

To officially appoint the members of the Proctorial Board for the academic session 2024-25, Nankana Sahib Public School Gill Park Ludhiana held the investiture ceremony. The occasion was a testament to the school's commitment to nurture young talents into responsible individuals.

The newly elected leaders of house council members were bestowed with badges and sashes by Sardar Inderpal Singh Chadha Director Nankana Sahib Education Trust. This symbolized their authority and responsibility. As each leader stood tall on the stage, the audience erupted in applause, acknowledging their achievements and expressing confidence in their abilities. The newly appointed office bearers then took an oath of office pledging to uphold the values and traditions of the school, and to perform their duties with diligence and sincerity. The newly elected Head boy Harkirat Singh expressed his gratitude for being selected for the prestigious role and promised to work hard to fulfill his responsibilities. He also urged his fellow prefects to work as a team and lead by example.

The Head Boy Harkirat Singh and Head Girl Ashmeet Kaur also shared their vision and goals for the academic year ahead. Other members of the Proctorial board included Japneet Singh as Vice Head Boy, Arneet Kaur as Vice Head Girl, Jashanpreet Kaur Discipline Incharge (Girls), Varleen Kaur as Vice Discipline Incharge (girls), Kohinoorjit Singh as Discipline Incharge (Boys), Gurjaap Singh as Vice Discipline Incharge (Boys). However Lovejot Kaur was selected as Sports Captain of Girls and Japneet Kaur as Vice Sports Captain (Girls), Gurmat Singh as Sports Captain (Boys) and Karandeep Sidhu as Vice Sports captain.

The special assembly was also addressed by the school Principal Mrs Harmeet Kaur Waraich. She emphasized the significance of the Proctorial Board in shaping the school's future and fostering a conducive learning environment, encouraged the office bearers to lead by example, maintaining the highest standards of integrity and compassion. She told the importance of teamwork and collaboration in achieving the goals of the school and fostering a supportive environment for all students.



Independence Day celebrated as 'Partition Horror Remembrance Day' at NSPS

Aug 14, 2024

The true colour of patriotism brightened the arena at Nankana Sahib Public School when the 78th Independence Day was celebrated with patriotic fervour. The day was celebrated as Partition Horror Remembrance Day. *Sardar Inderpal Singh Chadha* Director *Nankana Sahib Education Trust* unfurled the National Flag. It was followed by the National Anthem by the school choir. While addressing the gathering of students, teachers and staff he remembered all their life for the nation.

The school Principal *Mrs Harmeet Kaur Waraich* also addressed the gathering. She said, "We all should maintain sovereignty and integrity of India." The students enthralled the audience with a cultural programme based on patriotism. They expressed their thoughts through speeches, songs and poems in different languages. All this highlighted



the journey of freedom struggle by our martyrs and how they resolved to save our nation from the clutches of Britishers. The Students were carrying Tricolour Flags in their hands and many painted tricolours on their faces.

Mrs Waraich congratulated one and all on this momentous occasion. The students staged a play based on the script curated by National School of Drama (NSD) about partition. The play reflected chronological events of partition and its impact on Indians. It was a unique performance which filled the whole atmosphere with a feeling of patriotism. The celebration concluded with the singing of the National Anthem.

Sawan celebrated with fervour at NSPS

Aug 16, 2024



Depicting the rich culture of Punjab, the festival of Sawan was celebrated with festivity and vibrance at Nankana Sahib Public School Gill. The function started with recitation of shabad related to Sawan. Dressed in colorful traditional attires the girls reflected that they are the true messengers of the culture of Punjab.

Not only outfits but they also gave scintillating performances through cultural programme. The way they danced on different traditional Punjabi songs. It spoke volumes about their enthusiasm. Everyone relished kheer and malpuras. Traditional articles like Bagh, Phulkari, Pakhi, Chhaji etc. were used to decorate the stage.

The school Principal *Mrs. Harmeet Kaur Waraich* apprised the students about the significance of Sawan. She exhorted students to stay in touch with the rich cultural heritage of Punjab. The Primary Incharge *Mrs. Jasmeen Kaur* also marked the occasion.

Aug 22, 2024

Outstanding performance of students

The students succeeded in securing good positions in different competitions organized by at Gurudwara Falahi Sahib Patshahi Dasvi. The students participated in Athletics, Dumala, Gatka and Gurbani Kanth competitions with enthusiasm. It is a matter of great pride that school team scored first position in Gatka. The results of other events are as follows:

Races:-

U-11 100Mmeter , *Sunny* got third prize

U-14 100 Meter , *Binwantveer Singh* first.

U-17 100 Meter, *Jasnoor Singh* stood first, *Karandeep Singh* remained second and *Barjesh* got fourth position.

In U-19 , *Jashan Bhatti* got fifth position.

Dumala Competition:-

Dilpreet Singh of XII stood second

Jaiveer Singh of XI remained third .

However *Ranvir Singh* of class VII, *Kamalpreet Kaur* of XI and *Samarvir* of class V shared first position .

Gurbani Kanth:-

Hardeep Kaur of class VIII remained second

Japneet Kaur of IX class got consolation and

Jashanpreet Singh of VIII class also shared consolation position .

However *Jaspinder Singh* of XI Science succeeded in scoring third position.



Aug 24, 2024

NSPS players excel in Kabaddi

Once again the Kabaddi team of Nankana Sahib Public School Gill Park outshined at Zonal Level Kabaddi tournament. The players showcased remarkable sports skills at the tournament organized by Punjab School Education Board at BCM Arya School, Dolan Khurd. In this tourney, the U-19 Girls team secured third place. From this team *Manmeet Kaur Gill* and *Arashpreet Kaur* have been selected for the District level. The U-19 Boys team achieved fourth place. *Sehejnit Singh Suri* has been selected to the ditrict level. The U-14 Boys team also succeeded in securing third place. From this team *Aadesh Pratap Singh Gill* got selected for the district level. The school *Principal Mrs. Harmeet Kaur Waraich* expressed immense pride in the students' achievements and praised the teachers behind them.



Aug 27, 2024

Punjabi declamation held at NSPS



To strengthen the bond of students with their mother tongue Punjabi and for honing their oratory skills Nankana Sahib Public School Gill Park Ludhiana organised interclass Punjabi declamation for class VI to XII. About 40 students from different sections of different classes participated in it with enthusiasm. They showcased their skills by expressing their thoughts on subjects including Pawan Guru Pani Pita Mata Dharat Mahatt, Man Jeete jagjit, Sadi Sanskriti sada sabhyachar, Kismat Mehnat kardeyan badaldi Hai, Niagar Rahim Punjabi boli. The students shared their views with confidence while following proper intonation. The judges had a tough time in passing their judgments. The results are as follows:



Class VI to VIII: Gurnoor Kaur VI C –first
Hardeep kaur VIII-A second
Aseem of class VII- D and Parneet Kaur of VIII-B
both shared third position
Ajay and Delisha VI A got consolation.

Result of class IX to XII: Jashanpreet Kaur of XII Commerce and
Harinayat kaur IX C shared first position.
Harsimran Kaur of XII Arts B and Taranjot Kaur
of XI Non-Medical shared second position
Harshit kaur of IX E and Jasleen kaur of X A
got third position
However Jasmeen Kaur of XI Arts B and
Mehakdeep kaur of XI Arts A got consolation.

The school *Principal Mrs Harmeet Kaur Waraich* appreciated the efforts of the students and teachers behind them. She emphasized that one should always stay connected with their mother tongue.



NSPS player won Chess Tourney

The budding chess player of *Nankana Sahib Public School Gill Park* succeeded in winning in the *68th district level tournament* organized by the Punjab School Education Department. The tournament was held at *IPS School, Churpur, Ludhiana*.

Arshpreet Kaur, a *Class XI Commerce* student of the school excelled in the Chess Tournament in the *U-19* Category by winning all the matches and securing a spot in the State Level competition.



Aug. 30, 2024

Students Shine at Takshila Science Carnival

The School succeeded in attaining remarkable achievement at the Takshila Science Carnival hosted by DPS, Ludhiana. Competing against 11 teams, *Ajay Dhiman* and *Taranjot Singh*, both 8th graders of *Nankana Sahib Public School* Gill Park secured first place in the "Junk to Genius (Toys from Trash)" event. Their innovative creation, a balloon-powered car, demonstrated Newton's Third Law of Motion, earning high praise.

The school Principal *Mrs. Harmeet Kaur Waraich* commended the students, saying, "Their creativity and application of scientific principles have made us all proud."



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September 2024



NPS students third in quiz contest

Sept. 2, 2024

Proving their prowess in the field of Science the students of Nankana Sahib Public School Gill Park Ludhiana won third position in Interschool quiz competition held recently at Delhi Public School.



The quiz was held under Takshila Science Carnival at DPS Ludhiana. The students of classes IX to XII participated in it. The team of two students Bikramjeet Singh and Akashdeep Singh of class X secured third prize in the Science Quest (Quiz Competition). After clearing their elimination round, they got third position in the stage round. Total of 12 city schools participated in this competition.

Sept. 3, 2024

Students participated in "Speaking Minds Youth Conclave"



As many as five students of the school participated in this two days long event along with school teachers Mrs Ranveer Matharoo and Mrs Ritu Sharma. It was organized by a Non-Profit Organization -Initiators of Change. Two students from class XI Science. These included Simarpreet Kaur Gill and Jasmeen Kaur of Class XI Science participated in it and three students from XII Arts namely to be the motivational speakers and educational panelists. The Education Minister Sardar Harjot Singh also marked the occasion.

Sept. 4, 2024

Solo play staged at school assembly

To awaken the students against drug addiction a solo play was organized during school assembly. It was single handedly performed by -Anayat, an amateur artiste who is pursuing his Ph.D. at Punjabi University Patiala.

The play depicted how a school student after passing class X got trapped in the tentacles of drug addiction after joining college. The play highlighted how the innocent youngsters get spoiled at the hands of drug peddlers and fall in their trap and become drug addicts. Motivated by his Hindi teacher in his school, Anayat said, "I performed for the first time in 2004. By now I have performed over 10000 plays in different educational institutes. My aim is to serve the society and provide something better for the future generation. "



Students participated in quiz on National Space Day



To commemorate the historic landing of Chandeyaan-3 on moon, the National Space Day was celebrated online.

It was organized by the Director, SCERT Punjab. As many as 30 students from class VI to Xii participated with enthusiasm under the guidance of science teachers namely Ms. Ramanpreet Kaur and Mrs Nidhi Kumari. The students received participation certificates

Sept. 4, 2024

School payers shine at District level Games

The players of Nankana Sahib Public School demonstrated their outstanding athletic prowess at the 68th District Level School Games held at Guru Nanak Stadium, organized by PSEB.

In the Volleyball Tournament U-14 Girls category, Gurleen and Muskan were selected for the State level. The U-17 Girls team secured third place, with Vanshika and Harshita also advancing to the State level.



Teachers' day celebrated

Sept. 5, 2024

To make students realize the challenges being faced by teachers in day to day teaching, the senior students of the school were given an opportunity to act as pseudo teachers on Teachers Day. For the first four periods, the pseudo teachers taught the classes from Nursery to Tenth in the first four periods.

However the school Head Girl Ashmeet Kaur performed the role of school Principal Mrs. Harmeet Kaur Waraich. While the school Vice Head Boy Jasmeet Singh

supervised overall working of the school. Being in the shoes of other teachers, the student teachers performed the role of different teachers and tried to understand the hard work being put in by the teachers in the classrooms. The whole celebration started with the recitation of the path of Sukhmani Sahib. It was followed by Shabad Keertan.

The school Principal Mrs Harmeet Kaur Waraich congratulated all the teachers on Teachers Day and appreciated their role in student's lives. She said, "A teacher's role is not only teaching for obtaining good marks by students but also making them good human beings. The teamwork of teachers, parents and students always pays back. All teachers should continue with the same zeal towards the desired goals."



Players excel in Kabaddi and Wrestling

Sept. 6, 2024



It is a matter of great pride that budding players of the school succeeded in achieving good positions in recently held district-level sports competitions organized by Punjab School Education Board. Maneet Kaur Gill and Arshpreet Kaur of Class X secured first place in the U-19 Girls Kabaddi competition held at Govt School, Sahnewal.

However Angadveer Singh excelled in U-14 Wrestling by winning first place in the Zonal tournament and also won bronze medal at the district level hosted by Bhai Naghia Ji Wrestling Academy, Alamgir.

Sept. 6, 2024

NSPS triumphs in U-19 Boys Basketball

The budding players of the U-19 Boys basketball team of the school succeeded in winning the 68th district level games. Gurmat Singh, Harmanpreet Singh, and Jatin Kumar played in the district level tournament. Out of these Gurmat Singh has been selected for the state level.



NSPS player second in chess tourney Sept. 9, 2024



Proving his mettle in the game of mind a student of the school succeeded in winning the second position in district level chess tourney held recently. Hemant Meena a student of Plus One Arts stood second in U-17 Boys chess tournament held at I P S School Chuharpur.

Students excel in quiz and painting Sept. 9, 2024

The students came up with flying colours in the quiz competition organised by Punjab Remote Sensing Center PAU. The quiz was a part of various events organised to commemorate the National Space Day for the successful landing of Chandrayaan-3. Various competitions were conducted by Space Applications Centre, ISRO, Ahmedabad. Akashdeep Singh of grade 10 of Nankana Sahib Public School got second while Bikramjeet Singh of grade 10 got third position in quiz competition. The quiz was based on the topic 'Moon and Associated Planetary Sciences/Missions.

However Damneet Kaur of XI Medical got second position in the painting competition. She made paintings on the theme 'Life on Moon'.



NSPS emerge victorious in Punjab Khed Mela

Sept. 10, 2024



Nankana Sahib Public School, Gill Park, Ludhiana, showcased remarkable talent in the Punjab Khed Mela 2024-25 at Duley Stadium.

The U-14 Girls' Volleyball Shooting team clinched the first position, with nine girls advancing to the district level.

In the U-17 category, the girls also secured the first position, with nine students selected for district representation.

Gatka players shine at District Journey Sept.10,2024

Once again the students of the school excelled in Sikh Martial Art at the district level Tournament held at Baba Mukand Senior Secondary School, Daba. Competing against 55 teams, the U-14 and U-17 teams secured third place in their respective categories.

The U-14 team was represented by Abhijeet Singh (Grade IV), Gurpreet Singh (Grade VIII), and Sukhman Singh (Grade VII). The U-17 team included Sahibveer Singh, Sehajdeep Singh (both Plus One), Gurkirat Singh (Grade VIII), and Ranbir Singh (Grade VII).



School athletes excelled in Khedan Watan Punjab Diyan

The athletes of Nankana Sahib Public School Gill Park performed very well in the athletic events organised during Khedan Watan Punjab Diyan at Gurudwara Falahi Sahib.

In U-17 Girls, Japneet Kaur stood first in two events i.e. 100 meter and 200 meter. However Arshpreet Kaur stood second in 400 meters and third in 800 meters respectively. In U-14 Japneet Kaur stood first in 600 meters.

In U-17 Boys Jasnoor Singh stood second in 100 meter and Karandeep Singh Sidhu stood first in two events i.e. 400 meters and 800 meters. Dharamveer Singh stood first in 1500 meters and third in 800 meters. Amritpal Singh stood second in 1500 meter.



Girl athletes excelled

Sept. 11, 2024



It is a matter of great pride that girl athletes of Nankana Sahib Public School Gill Park Ludhiana succeeded in winning good positions in the recently held Punjab School Sports organised by Punjab School Education Board. These were held at Guru Nanak Public School Sarabha Nagar.

In U-17 girls, Japneet Kaur scored first position in 100 meter and 200 meter. However another athlete Japneet Kaur succeeded in winning second position in 600 meter and third position in 400 meter races in Under-14 category.

Sept. 17, 2024

School athletes shine at PSEB tournament

The athletes of the school achieved remarkable success in the Punjab School Sports organised by the Punjab School Board games at Sarabha Nagar.

In the U-14 category of boys Sukhchain Singh of class VII secured first place in the 100m, while Triptveer Singh of grade V succeeded in attaining first place in the 400m. Banwant Singh of grade VII earned second place in the 200m. However Jagwinder Singh also of grade VII finished at fourth place in shot put. Adesh Pratap Singh Gill stood at fourth place in the 600m, and Jaskaran Singh of grade VI also participated in the 400m.



Sept. 17, 2024

4 Athletes got selected for CBSE National tourney

The school athletes proved their mettle in the field of athletics by clinching good positions in CBSE cluster XVIII held at Pratap World School Pathankot. The states which participated in it included Jammu and Kashmir and districts of Punjab including Hoshiarpur, Amritsar, Faridkot, Fatehgarh Sahib, Firozpur, Gurdaspur, Kapurthala, Ludhiana, Pathankot, Moga and Nawanshahar As many as 220 School participated in it. Karandeep Singh Sidhu got first position in 800 meter. He succeeded in winning gold out of 26 schools. However he secured second position in the 400 meter race out of 32 schools. Ram Dayal clinched the bronze medal in High Jump. He got this position out of 15 schools. In U-17 boys Relay (4x100) the athletes of Nankana Sahib Public School excelled by getting first position out of 25 schools. These included Ram Dayal, Karandeep Singh Sidhu, Jasnoor Singh and Brajesh.

All these four winners will represent their school at CBSE National tourney being held at Banaras. Not only boys but girls also performed well in Kabaddi of U-19, Girls CBSE cluster held at Guru Teg Bahadur Public School Hazara, district Jalandhar. The team of NSPS remained second runner up among 12 schools including school of Jammu and Kashmir. The school Principal Mrs Harmeet Kaur Waraich congratulated all the winners and teachers behind them. She said, "The more you practice the more you excel. It is the hard work which always pays back."



NSPS conferred with outstanding concrete infrastructure award 2024

Not only in academics but in infrastructure also *Nankana Sahib Public School Gill Park Ludhiana* has succeeded in getting its name registered for the outstanding structure.

The school has been conferred with Outstanding Concrete Structure Award 2024 in educational category by Indian Concrete Institute Chandigarh Centre.

The prestigious award was received by the Director of Nankana Sahib Education Trust *Sardar Inderpal Singh*. He congratulated the entire team, *Principal Harmit Kaur, S.Harcharan Singh Gohlwaria, Addl Secretary. S. Tara Singh Gill, School Building Structure Consultant Er. Harvinder Singh*. The award has been given for designing the best infrastructure of school building by *Mr Sanjay Goel* who is the chief architect. Mr Goel said, "It is the outcome of continuous hard work and creativity of our whole

It needs to be mentioned here that the new building of the school is on the campus of Nankana Sahib Public School. This five storied building is environmentally friendly and has a traditional courtyard design. There are interconnecting bridges between every two storeys.

The President of Nankana Sahib Education Trust *Sardar Harjinder Singh Dhami* President *Shiromani Gurdwara Parbandhak Committee* congratulated all the members of the team for this excellent achievement.



NSPS players shine in Basketball Tournament

Sept. 25, 2024



The budding players of basketball of Nankana Sahib Public School Gill Park excelled at a district level tournament of Punjab Khed Mela.

Gurmat Singh a student of Plus Two Arts and Armaan a student of Plus One Arts of Nankana Sahib Public School played in the district level team of U-21. While competing against several schools, their outstanding team spirit and sportsmanship helped them to fetch the team second position.

The school Principal *Mrs. Harmeet Kaur Waraich* congratulated the winners, lauding their dedication and determination. She emphasized the importance of sports in student development and reaffirmed the school's commitment to fostering both academic and athletic excellence.

NSPS student third in Kick Boxing



After having excelled in athletics another player of Nankana Sahib Public School Gill Park succeeded in scoring third position in district-level event of Kick - Boxing organized under *Khedan Vatan Punjab Diya 2024*. In the category of U₁₄ *Pawandeep Singh* of Nankana Sahib Public School scored third position while competing against 20 participants. The event took place at *Guru Nanak Stadium*.

Awarded with the bronze medal *Pawandeep* said, "I daily practice for one hour. My parents are my coach, for the kick boxing who motivated me for this. So I started practicing it regularly for about one month."

The School Principal, *Mrs. Harmeet Kaur Waraich*, congratulated *Pawandeep Singh* for his remarkable achievement, stating, "His dedication and hard work has made the school proud."

Budding progeny of school excel at PSEB Games

Sept. 27, 2024

The budding progeny of the school made their existence felt in athletics as well as in other sports in the Primary Games organized by Punjab School Education Board by getting good positions in the category of U_11. These games were held recently at Government Primary school Sangowal.

The girls team of chess which stood first included Hargunpreet V-D, Mansimrat IV-C and Amritpal of IV-C. However the team of chess of Boys which stood first included Eknoor Singh of IV-A, Arijot Singh IV-A, Harnihal Singh IV-A, Saheb Singh Soora IV-A and Jasraaz Singh of IV-A

In athletics, in the 200 meter two athletes shared third position. These included Ekampreet Singh Gill of IV-C and Hargunpreet Kaur of IV class.

However in long jump Ekampreet Singh remained first and Hargunpreet succeeded in attaining second place.

In Relay the girls got second position. These included Shabadpreet Kaur of IV-D Kaur, Tanreet Kaur IV -A Hargunpreet Kaur of class IV and Amritpal Kaur of IV-C. However the boys Relay team which remained third included Ekampreet Singh, Hardik Vaid, Raghav Bhandan and Saheb Singh Soora.

Not only in athletics and chess but budding players also marked their positions in Kho-Kho, Kabaddi and football.

In Kho-Kho, the boys team got first position and the girls team got second position. In Kabaddi the team of U-11 Boys remained second. However the team of the same category of boys attained first position in Football.



School players shine in Kabaddi Cluster 18 of CBSE

Sept. 28, 2024



Players of Nankana Sahib Public school showcased their exceptional sportsmanship at the tournament of Kabaddi Cluster -18 of CBSE of boys. The tourney was held at Saint Kabir Gurukul, Jalalabad district Fazilka.

The U-14 boys team of Kabaddi remained second runners up and secured the third position. They competed against players of 27 teams from 60 schools including schools of Jammu and Kashmir. Their remarkable performance has brought pride to the school.

NSPS players excel at Khedan Vatan Punjab Diyan

The school players performed remarkably in different sports events held at Khedan Vatan Punjab Diya. Karandeep Singh Sidhu scored first place in the 800m and third in the 400m in the district level competition held at Guru Nanak Stadium. His talent has earned him a spot in the state-level competition for both the 800m and 4x400m relay.

In the wrestling category of U-14 Boys, another player Angadveer Singh succeeded in getting first position at district level tournament and he also got selected for state level competition of Khedan Watan Punjab Diyan.

The students also performed very nicely in Sikh Martial Arts events held at Naragwal. Sahibveer Singh brought laurels to the school by winning one silver and one bronze medal in the U-17 category of Fadi Soti. However in the same events Sehajdeep Singh got two bronze medals. However Gurpreet Singh secured one bronze in the U-14 category.



"CREATIVITY IS
INTELLIGENCE
HAVING FUN."

#nspstudents

NSPS



English Section

"Life's True Teachers"

We all are bound to have
Spiritual experiences in our life.
They don't come in the form of
Enlightenment or awakening
In the midst of meditation
But the very mundane
Experiences you have with
Normal people
Where you have the option
To take the high road.
That's where true divinity lies.
Where you choose
To neither judge,
Not retaliate.
It doesn't lie
In dim lit enclosures
Rife with silence and fragrance.
It lies in the midst of real chaos ,
Real turbulence
And real emotions.

Don't be scared of unsettling people and situations in your life, Because they will make you grow.

It's them
They are your real Gurus.



Somya Sharma

VIII E

Story

The Price of Greed : A Family's Curse

Once upon a time, there was a family named the Nolans. In 1900, they lived in America. After the independence of India, they moved to India to start a new life. They began a business making clay pots, but it didn't go well.

After some time living in India, they learned about a witch named Shanti in their neighborhood. Mukesh and his father went to Shanti for some magic to improve their business. Shanti agreed but wanted a share of their income. She also cursed them, saying that if anyone in their family did work other than making clay pots, their generation would end.

Years later, Mukesh became the father of a cute son named Anant. After some time, their good fortune turned dark when Mukesh's father and Anant's grandfather passed away at the age of 120. After his grandfather's death, Anant started a business of electronic machines. The curse took effect: Anant's business shut down, his father became paralyzed, his mother suffered a severe injury, and Anant had a fatal accident. Within a year, they all died.

Moral : Taking shortcuts out of greed can end in disaster.



Taranpreet Singh
VIII E

Live For Others

Rivers do not drink their own water
trees do not eat their own food
The sun does not Shine on itself and
Flowers do not spread their own fragrance for themselves.

To live for others is the role of nature
we all are born to help each other
No matter how difficult it is.

Life is good when you are happy
but much better when others are happy
just because of you.

By Arshpreet Kaur
VII A

The secret mantra's for the success

Last night, I had a dream in which I saw a priest,
The priest told me the three secret mantras for success

Which are narrated as follow

Don't give up by thinking it's too late,
Remember ! Sometimes great things happen late .
For success, hardwork and honesty is the earning ,
which will help you in keen learning.
if you want to bring success at the red zone ,
then you should leave your comfort zone.
After telling me these mantras he got disappeared in no time ,
But he told me, by following these mantras you'll be successful for life time.

By Mehakdeep Kaur
XI Arts A

Coping with loss

Loosing a thing or time which never comes back, always hurt deeply. Almost everyone in the world has lost something or someone in the world. I am also the one of those people. I lost my friendship with my best friend. Her name was Jaspreet. We were very good friends. We shared each and everything. our friendship was going too good. We never fight. Our mothers also appreciated us for being together all the times. We live like sisters, but suddenly her father got transfer letter from Ludhiana to Dubai. And she also had to go with their family. There was no other option for her than leaving me. Then the day came on 19 February when we talked for last time and the day We met , was our almost last meeting. We promised that we always stay in touch and would meet soon. Then we also talked on phone calls and video calls when she went but once When I called her, her number was switched off. I thought it was a network problem or any technical snag but Then I tried for one week regularly with no response . It happened from 21 March till today I haven't received any call from her. Really it was a great lost for me because it was a true friendship. I don't know what happened to her, but I wish wherever she is, she got all the happiness of life. May she live long..

By Gurman Kaur
IX A

Her Guardian Angel

In the world of cherished memories she holds near,
Her father's love remains crystal clear.
Through laughter and tears, their bond sustains,
In her heart, his presence forever reigns.

His wisdom whispers in her ear,
Guiding her path, calming any fear.
Though he may have bid goodbye,
His love in her heart will never die.

In treasured moments, hand in hand,
His spirit lingers, a comforting strand.
Through shared memories, she finds her way,
In her heart, he forever will stay.



By: Himani Sharma
XI -Med

Monkeys in building Society

During the dangerous disease covid-19 there was lockdown. Nobody proceed to anyone's apartment.

There were two monkeys who lived in the jungle. Both of them were mischievous. They chased a long distance and lost its way. They strayed from the forest and headed towards the city. One day, two monkeys went to building society. Everyone was delirious to notice them in their apartment. Even though everyone reserved in their home, they used to dispense food to them and were so gracious to them. On the other side there was a man named Rama, who was ugracious to animals so he called the trapper. He told him to wipe out monkeys because he thought monkeys were useless and said to trapper I will give you big bucks if you wipe them out. The trapper came and dressed like standard person but the monkeys already knew about him and why he came. The trapper did not want to go there because of lockdown and disease which was spread there so fastly but the grasping for money took him there and he shot the monkeys. Luckily, both monkeys preserved their own life.

We all know the monkeys like to play. They also used to do that like jumping from one tree to another and top roof from another and both of monkeys enjoyed there a lot. One day, the town was full of heavy rain the monkeys were sitting on trees near Rama's home. He saw them from his casement. He had a plan and took a bucket of superheated water. He put the superheater water on the monkeys to kill them but the monkeys moved to another tree and save their life. Monkeys were baffled with Rama's behaviour. Later, monkeys were settled on tree near the society office. Rama said to his son, "Are you observable to the monkeys near the society office?" They were so feeble and getting panic from gunfire and when I put superheated water on them, they proceed to another tree. His son felt amaze with Rama's behaviour. But he did nothing for monkeys.

Rama was only in his family who had abomination from animals. But his parents had their own pets. He used to behave their pets same like these monkeys. He never perceived that animals have their own affections and feeling like humans have.....

One day his son and daughter were playing ball in the house because of torrential rain again in the city. Unfortunately, his ball fell out of his house. He drawn into the water because of flood in the city. He was loudly shouting for help. HELP! HELP! Rama saw his son from a distance. Rama felt very anxious and pressurize.

Monkeys helped him. They took lightweight plank and put it into water. They stood on plank and lift Rama's son and conducted him in the balcony. Rama spot all this. Now, Rama had conceived and apologized from monkeys. Rama thought that I always hurt animals but today, when my son was in danger. Monkeys helped my child incontitiously. I maltreated both of them but they compassionate with my son. "I am so ungracious" he said. He felt very depressed for himself. He never misbehaved with animals from that day. His wife and son were so cheerful for him.

Moral:- Never hurt or mishandle animals.

By: Harsimran Kaur

VI E

Cyber Crime

"Nothing leads to nothing; unless it is about cyber security Because it is where doing nothing leads to the cyber crime."

Youth indulging in cyber crime is a matter of grave concern that affects not only our society but also our future. In an era dominated by the technology and digital connectivity, our youth, who are the future leaders and innovators, are unfortunately succumbing to the allure of illegal activities online.

Cyber crime encompasses a wide range of illegal activities conducted through electronic means, from hacking and identity thefts to online scams and cybebullying. What makes this particularly more alarming is the growing number of your uh nag individuals getting involved in such activities. Instead of using their knowledge and skills for positive contributions, they are resorting to the malicious behaviour that harms individuals, organisations, and even nations.

The reason behind this trend are complex. Some young people may see cybercrime as a shortcut to wealth and recognition, while others may be driven by sense of rebellion or thrill of breaking rules without immediate consequences. Moreover, the anonymity provided by the internet often imboldens our youngsters to get involved in the activities that they would not consider in their real life.

However, we cannot afford to turn a blind eye to this issue. The consequences of cyber crime are far reaching. Victims suffer not only the financial losses but also emotional distress and damage to their reputations. The trust that underpins our digital society is eroded with each cybercrime incident, impacting everyone from an ordinary citizen to large corporations and government.

In conclusion, the issue of youth involvement in cyber crime demands our immediate attention and concerted efforts. We cannot afford to ignore the negative impact it has on individuals, Communités and global society. By fostering a culture of ethical behaviour online and providing necessary support and education, we can empower our youth to become responsible digital citizens and protect the integrity of our digital world.

" Data is gold, protect it like a treasure. "

By : Jashanpreet Kaur

XII Commerce-A

A lost generation managing the impact of COVID - 19 on global education.

Imagine a world where school bells have faded into the memories and the traditional classrooms are the relics of the past. Students now navigate a maze of uncertainty, a reality reshaped by COVID - 19.

Good morning esteemed judges, respected guests and fellow participants.

I am chest number 13 and it is both an honor and a privilege to stand before you today. As we grapple with the lingering effects of COVID - 19 pandemic our focus turns towards the critical issue that affects us all. My topic for today's competition is a lost generation managing the impact of COVID - 19 pandemic.

The pandemic has left an indelible on our world. The closure of schools, shift to online learning and disruption of educational system has left an entire generation at risk. How many of us have seen the challenges faced by students and teachers during this time period?

We are not just talking about the loss in academic progress but also the loss in emotional intelligence, critical thinking and social skills. Millions of learners missed out the traditional classroom experiences, with the childhood toys replaced with electronic gadgets. How do we address these gaps in our educational system?

But it's not too late. We can still manage the impact of COVID - 19 on global education and integrate its effects. To bridge the gap and make learning more engaging and effective we must invest in educational infrastructure including digital technologies and prioritize equity to ensure that every student gets access to resources.

The pandemic has exposed the weaknesses of our educational system but also allows an opportunity to rebuild. Education's resilience is not remaining unchanged but in its ability to adapt and evolve. A lost generation is not defined by its challenges but by how it overcomes them and forges a new path forward.

Let us work together to create a new normal where education is resilient, adaptable and transformative. So, this generation may not be lost but found, empowered and equipped to form a brighter future.

Thank you

Prabhleen Kaur
10th- D

Friendship: Vital for life

Friendship holds a place, in our lives and well being. Friends are the chosen family that plays a role in emotional development. To start off companionship is a benefit of friendship. Life presents challenges and struggles whether its pressure or personal issues. Friends provide a space where we can openly share our joys and sorrows knowing they will listen and offer empathy. Emotional support is crucial for well being as it helps alleviate stress and shapes our outlook on life.

Moreover friends contribute to boosting our confidence and self worth. Positive interactions with others also contribute to building self esteem. Friends stand by us during triumphs and setbacks instilling in us an attitude. These encouragements are essential for growth propelling us closer, to our aspirations.

Having friends plays a role, in shaping an individuals growth. They assist us in acquiring abilities such as communication, empathy and conflict resolution that're crucial in our daily interactions. Through friendships we learn about dynamics. How to cultivate positive relationships with others. These competencies prove beneficial not in interactions but also, in professional settings where collaboration and interpersonal relations are highly valued.

Therefore besides the social aspects friendships also offer advantages. Friends are individuals with whom one can share resources, information and opportunities that could enhance ones life. Whether its study materials, career advice or a lift, to school these small gestures can make a difference.

Moreover friendships enrich our lives with experiences. Making plans with friends whether it's a trip or a casual chat brings joy and purpose to our existence. These shared moments provide us with a sense of connection and solidarity that fosters a feeling of belonging in this world and among its inhabitants.

In conclusion, the importance of friendship in one's life cannot be overstated. Friends provide emotional support, boost our confidence, teach us essential life skills, offer practical help, and enrich our lives with shared experiences. Nurturing these relationships is crucial for a fulfilling and balanced life.

Harkeerat Singh
XII Arts 'B'



ਕਿਸ ਜਗ੍ਹਾ ਤੇ ਪੈਦਾ ਏਵਾ, ਕਿੱਥੇ ਲੱਗਦਾ ਨੰਨਾ
 ਕਿੱਥੇ ਬਾਪੂ ਲਾਈਏ ਡੰਡੀ, ਕਿੱਥੇ ਲਾਈਏ ਕੰਨਾਂ
 ਕਿੱਥੇ ਲਾਉਂਦੇ ਅੱਧਕ ਬਾਪੂ, ਕੀਹਨੂੰ ਕਹਿਣ ਦੁਲਾਵਾਂ
 ਕਿੱਥੇ ਵਰਤਾਂ ਛੱਡਾ, ਕਿਉਂ ਸੱਸੇ ਪੈਰ ਬਿੰਦੀ ਲਾਵਾਂ
 ਦੱਸ ਖਾਂ ਬਾਪੂ, ਕਾਹਤੇ ਉੜੇ ਨਾਲ ਬਿਹਾਰੀ ਰੁੱਸੀ
 ਗੈਰ ਬੋਲੀ ਦੀ ਚੱਲੇ ਚੌਧਰ, ਕਿਉਂ ਪੰਜਾਬੀ ਖੁੱਸੀ
 ਹਾਹਾ ਨਾਲੇ ਰਾਰਾ ਦੇਹੋਂ, ਦੱਸ ਕਾਹਤੇ ਪੈਰੀਂ ਪੈਂਦੇ
 ਉੜੇ ਦਾ ਮੂੰਹ ਖੁੱਲ੍ਹਾ, ਕਨੇੜੇ ਦੂਰ ਈੜੀ ਤੋਂ ਰਹਿੰਦੇ
 ਕਿੱਥੇ ਲੱਗੇ ਟਿੱਪੀ ਬਾਪੂ, ਕਿੱਥੇ ਲਾਈਏ ਬਿੰਦੀ
 ਕਾਹਤੋਂ ਲੋਕੀਂ ਛੱਡਗੇ ਬਾਪੂ, ਤੇਰੀ ਬੋਲੀ ਸਿੰਦੀ
 ਪੰਜਾਬੀ ਵੀ ਪੜ੍ਹਲੀਂ ਨਿੱਕਿਆ, ਕਹਿੰਦੇ ਲੋਕ ਸਿਆਣੇ
 ਮਾਂ ਬੋਲੀ ਦੀਆਂ ਗੁੱਝੀਆਂ ਗੱਲਾਂ, ਜੇ ਪੜ੍ਹੇ ਓਹੀ ਜਾਣੇ।
 ਨਾਂ - ਸਹਿਜਮਨ
 ਜਮਾਤ - ਛੇਵੀਂ ਸੀ।

ਪੰਜਾਬੀ ਦੀ ਮਹੱਤਤਾ

ਹਿੰਦੀ ਸਾਡੀ ਮਾਸੀ ਲੱਗਦੀ
 ਮਾਂ ਲੱਗੇ ਪੰਜਾਬੀ
 ਉਰਦੂ ਸਾਡਾ ਭਾਈ ਲੱਗੇ,
 ਅੰਗਰੇਜ਼ੀ ਸਾਡੀ ਭਾਬੀ।
 ਮਾਂ ਬੋਲੀ ਦਾ ਰਿਸ਼ਤਾ ਗੂੜਾ,
 ਮਿਠੜਾ ਬੇਹਿਸਾਬੀ।
 ਵਤਨ ਮੇਰੇ ਦੀ ਰਾਈ ਬੋਲੀ,
 ਵੱਖਰੇ ਠਾਠ ਨਵਾਬੀ।
 ਇਹ ਸਾਡੀ ਰੂਹ ਦੀ ਭਾਸ਼ਾ,
 ਕੋਈ ਨਹੀਂ ਕਿਤਾਬੀ।
 ਮਾਂ ਬੋਲੀ ਨੂੰ ਜਿਸ ਨੇ ਮਾਣ ਨਾ ਦਿੱਤਾ,
 ਕਾਹਦਾ ਉਹ ਪੰਜਾਬੀ।
 ਆਪਣੀ ਬੋਲੀ ਮਾਣ ਆਪਣਾ,
 ਸੇ ਜਿੰਦਿਆਂ ਦੀ ਚਾਬੀ।
 ਸਾਹਿਤ ਦੇ ਖੇਤਰ ਚ ਮਾਰੇ ਮੱਲਾਂ,
 ਭਾਸ਼ਾ ਜਾਣ ਖਿਤਾਬੀ।
 ਨਾਂ - ਸਕਸਮ
 ਜਮਾਤ ਦੱਸਵੀਂ ਏ।

ਬਗੀਚੇ ਦਾ ਫੁੱਲ

ਬਗੀਚੇ ਵਿੱਚ ਗੁਲਾਬ ਦਾ ਫੁੱਲ ਸੀ। ਉਹ ਬਹੁਤ ਸੁੰਦਰ ਸੀ ਅਤੇ ਘਮੰਡੀ ਵੀ। ਇੱਕ ਦਿਨ ਮਾਲੀ ਨੇ ਗੁਲਾਬ ਦੇ ਨਾਲ ਇੱਕ ਨਵਾਂ ਸੂਰਜਮੁਖੀ ਦਾ ਫੁੱਲ ਲਗਾਇਆ। ਗੁਲਾਬ ਨੇ ਕਿਹਾ " ਮੈਂ ਤੈਨੂੰ ਆਪਣੇ ਘਰ ਦੇ ਜੀਆ ਨੂੰ ਮਿਲਾਉਂਦਾ ਹਾਂ।"
 ਸੂਰਜ ਮੁਖੀ ਨੇ ਸਿਰ ਹਾਂ ਵਿੱਚ ਹਿਲਾਇਆ। ਗੁਲਾਬ ਨੇ ਕਿਹਾ " ਇਹ ਨੇ ਮੇਰੀਆਂ ਪੱਤੀਆਂ , ਇਹ ਨੇ ਮੇਰੀਆਂ ਜੜਾ, ਇਹ ਮੇਰਾ ਤਣਾ, ਇਹ ਸਭ ਤੋਂ ਬੇਕਾਰ ਮੇਰੇ ਕੰਡੇ।" ਸੂਰਜ ਮੁਖੀ ਸਮਝ ਗਿਆ ਕਿ ਗੁਲਾਬ ਆਪਣੀ ਸੁੰਦਰ ਪਤੀਆਂ ਤੇ ਘਮੰਡ ਕਰਦਾ ਹੈ। ਉਸ ਰਾਤ ਗੁਲਾਬ ਨੂੰ ਇੱਕ ਪਰੀ ਮਿਲੀ ਅਤੇ ਗੁਲਾਬ ਨੇ ਕਿਹਾ ਕਿ ਉਹ ਉਸਦੇ ਕੰਡੇ ਹਟਾ ਦੇ। ਪਰੀ ਨੇ ਕਿਹਾ " ਕੱਲ ਤੱਕ ਤੇਰੇ ਕੰਡੇ ਹਟ ਜਾਣਗੇ।" ਸਵੇਰੇ ਗੁਲਾਬ ਬਹੁਤ ਖੁਸ਼ ਹੋਇਆ। ਉਸ ਹੀ ਸਮੇਂ ਉਸਨੇ ਦੇਖਿਆ ਕਿ ਇੱਕ ਬੱਚਾ ਉਸ ਦੀ ਤਰਫ ਉਸ ਨੂੰ ਤੋੜਨ ਲਈ ਆ ਰਿਹਾ ਹੈ। ਗੁਲਾਬ ਡਰ ਗਿਆ ਅਤੇ ਅਤੇ ਮਦਦ ਲਈ ਪੁਕਾਰਨ ਲੱਗ ਪਿਆ। ਸੂਰਜ ਮੁਖੀ ਨੇ ਪਰੀ ਨੂੰ ਬੇਨਤੀ ਕੀਤੀ ਕਿ ਉਹ ਗੁਲਾਬ ਦੇ ਕੰਡੇ ਵਾਪਸ ਕਰ ਦੇ। ਪਰੀ ਨੇ ਸੂਰਜ ਮੁਖੀ ਦੀ ਗੱਲ ਮੰਨੀ ਅਤੇ ਗੁਲਾਬ ਨੂੰ ਉਸਦੇ ਕੰਡੇ ਵਾਪਸ ਕਰ ਦਿੱਤੇ। ਗੁਲਾਬ ਨੇ ਸਭ ਤੋਂ ਮਾਫੀ ਮੰਗੀ। ਸੂਰਜ ਮੁਖੀ ਨੇ ਕਿਹਾ " ਤੇਰਾ ਹਰ ਭਾਗ ਬਹੁਤ ਜਰੂਰੀ ਹੈ। ਤੈਨੂੰ ਖੁਦ ਤੇ ਘਮੰਡ ਨਹੀਂ ਕਰਨਾ ਚਾਹੀਦਾ। ਅਤੇ ਇਹ ਗੱਲ ਸਿਰਫ ਤੇਰੇ ਤੇ ਹੀ ਨਹੀਂ ਬਲਕਿ ਮਨੁੱਖਾ ਅਤੇ ਜਾਨਵਰਾਂ ਤੇ ਵੀ ਲਾਗੂ ਹੁੰਦੀ ਹੈ।"
ਸਿੱਖਿਆ- ਸਾਨੂੰ ਖੁਦ ਤੇ ਘਮੰਡ ਨਹੀਂ ਕਰਨਾ ਚਾਹੀਦਾ ਅਤੇ ਖੁਦ ਦੀ ਤੁਲਨਾ ਦੂਸਰਿਆਂ ਨਾਲ ਨਹੀਂ ਕਰਨੀ ਚਾਹੀਦੀ।

ਜਿੰਦਗੀ ਜਿਉਣ ਦੀ ਕਲਾ

ਜਿੰਦਗੀ ਜਿਉਣ ਦੀ ਕਲਾ ਬਾਰੇ ਗੱਲਾਂ ਕਰਨਾ ਅੱਜ ਦੇ ਸਮੇਂ ਦੀ ਮੰਗ ਹੈ। ਅਸੀਂ ਸਭ ਆਧੁਨਿਕ ਯੁੱਗ ਵਿੱਚ ਖੁਦ ਨੂੰ ਬਹੁਤ ਪਿੱਛੇ ਛੱਡ ਆਏ ਹਾਂ, ਵਕਤ ਨਾਲ ਚੱਲਣ ਦੀ ਦੌੜ ਵਿੱਚ ਅਸੀਂ ਆਪ ਨੂੰ ਬਹੁਤ ਪਿੱਛੇ ਛੱਡ ਦਿੰਦੇ ਹਾਂ, ਜੀਵਨ ਨੂੰ ਸਿਰਫ ਲੋੜਾਂ, ਸੁਪਨੇ ਪੂਰੇ ਕਰਨ ਤੱਕ ਸੀਮਤ ਕਰ ਬੈਠੇ ਹਾਂ। ਅਸੀਂ ਸਭ ਖੁਦ ਦਾ ਹੋਣਾ ਭੁੱਲ ਗਏ ਹਾਂ, ਆਪਣੇ ਤੋਂ ਦੂਰ ਆਪਣਿਆਂ ਤੋਂ ਦੂਰ ਹੋ ਗਏ ਹਾਂ, ਪਰ ਜੇ ਅਸੀਂ ਕਰ ਰਹੇ ਹਾਂ ਕਿ ਕਦੇ ਸੋਚਿਆ ਕਿ ਅਸੀਂ ਖੁਦ ਉਸ ਤੋਂ ਸੰਤੁਸ਼ਟ ਹਾਂ ਕਿ ਨਹੀਂ। ਬਾਹਰੀ ਚੀਜ਼ਾਂ ਤੋਂ ਅਸੀਂ ਖੁਸ਼ੀ ਭਾਲਦੇ ਹਾਂ ਪਰ ਕਦੇ ਆਪਣੇ ਆਪ ਲਈ ਅਸੀਂ ਵਕਤ ਨਹੀਂ ਕੱਢਦੇ, ਸਕੂਲ ਕਾਲਜ ਸਭ ਥਾਂ ਅਸੀਂ ਗਿਆਨ ਪ੍ਰਾਪਤ ਕਰਕੇ ਵੀ ਅਸੀਂ ਅੰਦਰੋਂ ਖਾਲੀ ਹੀ ਮਹਿਸੂਸ ਕਰਦੇ ਹਾਂ, ਕੋਣ ਦੱਸੇਗਾ ਸਾਨੂੰ ਜੀਵਨ ਦੀ ਅਸਲੀ ਕਲਾ, ਇਹ ਕਲਾ ਅਸੀਂ ਖੁਦ ਸਿੱਖਣੀ ਏ, ਆਪਣੇ ਆਪ ਤੋਂ, ਫਿਰ ਹੀ ਅਸੀਂ ਨਿਪੁੰਨ ਬਣ ਸਕਦੇ ਹਾਂ। ਤੁਸੀਂ ਜਿਵੇਂ ਦੇ ਹੋ ਉਸੇ ਤਰ੍ਹਾਂ ਹੀ ਆਪਣੇ ਆਪ ਨੂੰ ਕਬੂਲ ਕਰਨਾ ਸਿੱਖੋ। ਆਪਣੇ ਅੰਦਰ ਦੀ ਆਵਾਜ਼ ਸੁਣ ਕੇ ਤੁਰਨਾ ਸਿੱਖੋ। ਕਿਸੇ ਦੂਜੇ ਨੂੰ ਖੁਸ਼ ਰੱਖਣ ਲਈ ਬਿਹਤਰ ਨਹੀਂ ਬਣਨਾ ਬਲਕਿ ਆਪਣੇ ਅੰਦਰ ਦੀ ਹਰ ਕਮਜ਼ੋਰੀ ਨੂੰ ਦੂਰ ਕਰਨ, ਆਪਣੇ ਆਪ ਨਾਲ ਇੱਕ ਸੰਘਰਸ਼ ਕਰਨਾ, ਹੋਰਾਂ ਵੱਲ ਦੇਖ ਕੇ ਸੜਨਾ, ਮਨ 'ਚ ਈਰਖਾ ਪਾਲਣੀ ਇਹ ਸਾਡੀ ਅੰਦਰਲੀ ਖੁਸ਼ੀ ਨੂੰ ਘੁਣ ਵਾਂਗੂੰ ਖਾ ਜਾਂਦੇ ਹਨ। ਸੇ ਸਾਡੇ ਕੋਲ ਜੇ ਹੈ ਉਸ ਵਿੱਚ ਖੁਸ਼ੀ ਮਾਣੋ। ਸਬਰ, ਸੰਤੋਖ ਵਿੱਚ ਜੀਣਾ ਸਿੱਖੋ, ਇਹ ਹੀ ਅਸਲ ਜੀਵਨ ਹੈ, ਜੇ ਤੁਹਾਨੂੰ ਕਿਸੇ ਨੇ ਨਹੀਂ ਸਿਖਾਉਣਾ, ਇਹ ਸਭ ਆਪਣੇ ਆਪ ਸਿੱਖਣਾ ਪੈਂਦਾ ਹੈ। ਆਪਣੇ ਲਈ ਸਮਾਂ ਕੱਢੋ ਆਪਣੇ ਆਪ ਨੂੰ ਮਹਿਸੂਸ ਕਰੋ ਕਿ ਤੁਸੀਂ ਹੀ ਆਪਣੇ ਆਪ ਦੇ ਸੱਚੇ ਸਾਥੀ ਹੋ, ਫਿਰ ਹੌਲੀ ਹੌਲੀ ਤੁਹਾਨੂੰ ਜਿੰਦਗੀ ਸੋਹਣੀ ਲੱਗਣ ਲੱਗ ਜਾਵੇਗੀ। ਆਪਣੇ ਆਪ ਹੀ ਤੁਹਾਨੂੰ ਇੱਕ ਆਜ਼ਾਦ ਪੰਛੀ ਦੀ ਤਰ੍ਹਾਂ ਜਿਉਣਾ ਆ ਜਾਵੇਗਾ ਇਸ ਜੀਵਨ ਜਿਉਣ ਦੇ ਕਲਾ ਚ ਆਪੇ ਤੁਸੀਂ ਪੂਰਨ ਨਿਪੁੰਨ ਬਣ ਜਾਓਗੇ , ਹੱਸ ਕੇ ਸਭ ਕਬੂਲ ਕਰਨਾ ਸਿੱਖ ਜਾਓਗੇ।
 ਨਾਂ - ਸਾਹਿਬ ਸਿੰਘ
 ਜਮਾਤ ਚੌਥੀ ਜੀ

ਯਾਦਾਂ

ਕਦੇ ਕਦੇ ਯਾਦਾਂ ਦੀਆਂ ਤਿਤਲੀਆਂ ਆ ਘੇਰਾ ਪਾਉਂਦੀਆਂ ਨੇ
ਆਪ ਮੁਹਾਰੇ ਉਡੀਆਂ ਫਿਰਦੀਆਂ ਦਿਲ ਵਿੱਚ ਚੀਸ ਜਗਾਉਂਦੀਆਂ ਨੇ
ਕਦੇ ਕਦੇ ਯਾਦਾਂ ਦੀਆਂ ਤਿਤਲੀਆਂ ਆ ਘੇਰਾ ਪਾ ਪਾਉਂਦੀਆਂ ਨੇ।
ਉਹ ਚੂੜੇ ਵਾਲੀ ਬਾਂਹ ਸੋਹਣੀ, ਉਹ ਸੋਹਰੇ ਘਰ ਦੀ ਛਾਂ ਸੋਹਣੀ ,
ਉਹਦਾ ਹੱਸਦਾ ਜਿਹਾ ਚਿਹਰਾ ਸਭ ਮੈਨੂੰ ਮੁੜ ਸੋਚਾਂ ਵਿੱਚ ਪਾਉਂਦੀਆਂ ਨੇ
ਕਦੇ ਕਦੇ ਯਾਦਾਂ ਦੀਆਂ ਤਿਤਲੀਆਂ ਆ ਘੇਰਾ ਪਾਉਂਦੀਆਂ ਨੇ।
ਉਹ ਤਿੱਖੇ -ਤਿੱਖੇ ਨੈਣ ਸੀ ਜੋ
ਤੇ ਮੇਰੇ ਦਿਲ ਦਾ ਚੈਨ ਸੀ ਜੋ,
ਉਹਦੇ ਸ਼ਹਿਦ ਵਰਗੇ ਹਾਸੇ ਦੀ ਯਾਦ ਵੈਰਾਗ ਦੀ ਧੁੰਨ ਸੁਣਾਉਂਦੀਆਂ ਨੇ
ਕਦੇ ਕਦੇ ਯਾਦਾਂ ਦੀਆਂ ਤਿਤਲੀਆਂ ਆ ਘੇਰਾ ਪਾਉਂਦੀਆਂ ਨੇ ।
ਤੇਰਾ ਕਮਲੀ ਕਹਿ ਕੇ ਚਿੜਾਉਣਾ ,ਮੇਰੇ ਨਾਜ ਨਖਰੇ ਉਠਾਉਣਾ,
ਤੇਰੀਆਂ ਇਹ ਯਾਦਾਂ ਮੇਰੇ ਦਿਲ ਨੂੰ ਕੰਬਾਉਂਦੀਆਂ ਨੇ
ਕਦੇ- ਕਦੇ ਯਾਦਾਂ ਦੀਆਂ ਤਿਤਲੀਆਂ ਆ ਘੇਰਾ ਪਾਉਂਦੀਆਂ ਨੇ।
ਜਦ ਜਾਣ ਦਾ ਵੇਲਾ ਆਇਆ ਸੀ ਹੋ ਚੱਲਿਆ ਤੂੰ ਪਰਾਇਆ ਸੀ
ਕਾਸ਼ ਮੈਂ ਬਾਂਹ ਤੇਰੀ ਫੜ ਲੈਂਦੀ, ਤੇਰੀ ਹੋਣੀ ਨੂੰ ਮੈਂ ਆਪਣੇ ਨਸੀਬ ਚ ਘੜ ਲੈਂਦੀ
ਅੱਜ ਵੀ ਯਾਦਾਂ ਉਸ ਕਾਲੀ ਰਾਤ ਦੀਆਂ ਸੁਪਨੇ ਵਿੱਚ ਡਰਾਉਂਦੀਆਂ ਨੇ
ਕਦੇ ਕਦੇ ਯਾਦਾਂ ਦੀਆਂ ਤਿਤਲੀਆਂ ਆ ਘੇਰਾ ਪਾਉਂਦੀਆਂ ਨੇ, ਆਪ ਮੁਹਾਰੇ ਉੱਡੀਆਂ ਫਿਰਦੀਆਂ
ਦਿਲ ਵਿੱਚ ਚੀਸ ਜਗਾਉਂਦੀਆਂ ਨੇ।
ਕਦੇ -ਕਦੇ ਯਾਦਾਂ ਦੀਆਂ ਤਿਤਲੀਆਂ ਆ ਘੇਰਾ ਪਾਉਂਦੀਆਂ ਨੇ।

ਪੰਜਾਬੀ ਅਧਿਆਪਕ
ਨਾਂ - ਹਰਜਿੰਦਰ ਕੌਰ

ਪਿਤਾ

ਪਿਤਾ ਇੱਕ ਉਮੀਦ ਹੈ
ਇੱਕ ਆਸ ਹੈ।
ਪਰਿਵਾਰ ਦੀ ਹਿੰਮਤ
ਅਤੇ ਵਿਸ਼ਵਾਸ ਹੈ।
ਬਾਹਰ ਤੇ ਸਖਤ
ਅਤੇ ਅੰਦਰ ਤੇ ਨਰਮ ਹੈ।



ਪਿਤਾ ਸੰਘਰਸ਼ ਦੀਆਂ ਹਨੇਰੀਆਂ ਵਿੱਚ
ਹੌਸਲਿਆਂ ਦੀ ਦੀਵਾਰ ਹੈ।
ਪਰੇਸ਼ਾਨੀਆਂ ਨਾਲ ਲੜਨ ਲਈ
ਦੇ ਧਾਰੀ ਤਲਵਾਰ ਹੈ।
ਪਿਤਾ ਜਿੰਮੇਵਾਰੀਆਂ ਨਾਲ ਭਰੀ ਗੱਡੀ ਦਾ ਸਾਰਥੀ ਹੈ
ਸਭ ਨੂੰ ਬਰਾਬਰ ਦਾ ਹੱਕ
ਦਿਵਾਉਂਦਾ ਇੱਕ ਮਾਰਥੀ ਹੈ।
ਸੁਪਨਿਆਂ ਨੂੰ ਪੂਰਾ ਕਰਨ ਵਿੱਚ
ਲੱਗਣ ਵਾਲੀ ਜਾਨ ਹੈ
ਪਿਤਾ ਨਾਲ ਮਾਂ ਅਤੇ ਬੱਚਿਆਂ
ਦੀ ਪਹਿਚਾਨ ਹੈ
ਪਿਤਾ ਜਮੀਰ ਹੈ ਪਿਤਾ ਜਾਗੀਰ ਹੈ
ਜਿਸਦੇ ਕੋਲ ਹੋ ਪਿਤਾ
ਉਹ ਸਭ ਤੇ ਅਮੀਰ ਹੈ।

ਨਾਂ - ਸਿਮਰਨਜੀਤ ਕੌਰ
ਜਮਾਤ - ਪੰਜਵੀਂ ਏ

ਮੇਰੀ ਮਾਂ

ਮੇਰੀ ਮਾਂ ਮੇਰੀ ਜਿੰਦਗੀ ਹੈ,
ਉਸ ਬਿਨ ਹਰ ਪਲ ਅਧੂਰਾ ਹੈ।
ਮੇਰੀ ਮਾਂ ਵਿੱਚ ਰੱਬ ਵੱਸਦਾ,
ਜੇ ਉਹ ਨਹੀਂ ਤਾਂ ਕੁਝ ਵੀ ਨਹੀਂ।
ਘਰ ਵਿੱਚ ਖਾਣ ਨੂੰ ਜੇ ਥੋੜਾ ਹੋਵੇ,
ਆਪਣਾ ਹਿੱਸਾ ਵੀ ਬੱਚਿਆਂ ਨੂੰ ਦੇਵੇ ਵੰਡ।
ਮਾਂ ਦਾ ਮੁੱਲ ਮੈਂ ਕਿਵੇਂ ਚੁਕਾਵਾਂ,
ਉਸ ਤੋਂ ਮੈਂ ਵਾਰੇ ਜਾਵਾਂ।
ਮੇਰੀ ਮਾਂ ਮੇਰੀ ਜਿੰਦਗੀ ਹੈ,
ਉਸ ਬਿਨ ਹਰ ਪਲ ਅਧੂਰਾ ਹੈ।

ਨਾਂ - ਸੁਭਨਿਮਰਤ ਕੌਰ
ਜਮਾਤ - ਚੌਥੀ ਬੀ

ਪਰਿਵਾਰ ਪਹਿਲਾਂ ਆਉਂਦਾ ਹੈ

ਸਾਡੇ ਸਾਰਿਆਂ ਦੇ ਜੀਵਨ ਵਿੱਚ ਪਰਿਵਾਰ ਪਹਿਲੇ ਨੰਬਰ ਤੇ ਆਉਂਦਾ ਹੈ |ਪਰਿਵਾਰ ਤੋਂ ਬਿਨਾਂ ਸੁਖੀ
ਜੀਵਨ ਦੀ ਕਲਪਨਾ ਨਹੀਂ ਕੀਤੀ ਜਾ ਸਕਦੀ| ਦੇਸਤ ਤਾਂ ਅਸੀਂ ਆਪਣੀ ਮਰਜ਼ੀ ਨਾਲ ਲੱਭ ਲੈਂਦੇ ਹਾਂ
ਪਰ ਪਰਿਵਾਰ ਪਰਮਾਤਮਾ ਦੀ ਦੇਣ ਹੈ। ਜਿੰਦਗੀ ਨੂੰ ਚੰਗੀ ਤਰ੍ਹਾਂ ਜਿਉਣ ਦਾ ਤਰੀਕਾ ਨਾ ਸਿਰਫ ਸਕੂਲ
ਵਿੱਚ ਹੀ ਨਹੀਂ ਸਗੋਂ ਪਰਿਵਾਰ ਵਿੱਚ ਵੀ ਮਿਲਦਾ ਹੈ |ਜਿਹੜੇ ਪਰਿਵਾਰ ਵਿੱਚ ਏਕਤਾ ਅਤੇ ਪਿਆਰ ਹੁੰਦਾ
ਹੈ, ਉਹਨਾਂ ਮੈਂਬਰਾਂ ਦੀ ਜਿੰਦਗੀ ਸਫਲ ਹੁੰਦੀ ਹੈ ਅਤੇ ਉਹ ਔਖੀ ਤੋਂ ਔਖੀ ਘੜੀ ਦਾ ਸਾਹਮਣਾ ਬਹੁਤ
ਆਸਾਨੀ ਨਾਲ ਕਰ ਲੈਂਦੇ ਹਨ। ਇਹ ਗੱਲ ਹਮੇਸ਼ਾ ਯਾਦ ਰੱਖੋ ਕਿ ਸਾਡਾ ਪਰਿਵਾਰ ਹੀ ਸਾਡੀ ਤਾਕਤ,
ਮਾਣ ਅਤੇ ਭਰੋਸਾ ਹੁੰਦਾ ਹੈ |ਪਰਿਵਾਰ ਵਿੱਚ ਹਮੇਸ਼ਾ ਪਿਆਰ ਵਾਲੀ ਗੱਲਬਾਤ ਹੋਣੀ ਚਾਹੀਦੀ ਹੈ ਨਾ ਕਿ
ਨਫਰਤ| ਪਰ ਅੱਜ ਕੱਲ ਤਾਂ ਸਾਰੇ ਆਪੋ-ਆਪਣੀ ਜਿੰਦਗੀ ਵਿੱਚ ਇੰਨੇ ਵਿਅਸਤ ਹੋ ਚੁੱਕੇ ਹਨ ਕਿ ਕਿਸੇ
ਕੋਲ ਇੱਕ ਦੂਜੇ ਲਈ ਸਮਾਂ ਹੀ ਨਹੀਂ ਹੈ ਸਾਰੇ ਆਪੋ- ਆਪਣੇ ਮੋਬਾਈਲ ਫੋਨ ਲੈ ਕੇ ਬੈਠੇ ਰਹਿੰਦੇ ਹਨ
ਅਤੇ ਇੱਕ ਦੂਜੇ ਨਾਲ ਗੱਲ ਵੀ ਨਹੀਂ ਕਰਦੇ ਜੇ ਕੋਈ ਕੁਝ ਪੁੱਛ ਲਵੇ ਤਾਂ ਬੋਲ ਪੈਂਦੇ ਹਨ ਨਹੀਂ ਤਾਂ ਚੁੱਪ
ਰਹਿੰਦੇ ਹਨ| ਸੋ ਅੱਜ ਦੇ ਸਮੇਂ ਪਰਿਵਾਰ ਦੇ ਮੈਂਬਰਾਂ ਨੂੰ ਇੱਕ ਦੂਜੇ ਲਈ ਸਮਾਂ ਵੀ ਜਰੂਰ ਕੱਢਣਾ ਚਾਹੀਦਾ
ਹੈ ਅਤੇ ਭਾਵਨਾਵਾਂ ਦੀ ਕਦਰ ਵੀ ਕਰਨੀ ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਜੋ ਇੱਕ ਚੰਗੇ ਸਮਾਜ ਦੀ ਸਿਰਜਣਾ ਹੋ ਸਕੇ।
ਪੰਨਵਾਦ |



ਨਾਂ- ਗੁਰਨੂਰ ਕੌਰ
ਜਮਾਤ - ਸੱਤਵੀਂ 'ਬੀ

ਰੱਬ ਦੇ ਰੰਗ

ਇੱਕ ਵਾਰ ਇੱਕ ਬਹੁਤ ਗਰੀਬ ਘਰ ਦਾ ਮੁੰਡਾ ਸੀ। ਉਸਦੇ ਮਾਤਾ ਪਿਤਾ ਇਸ ਦੁਨੀਆਂ ਤੇ ਨਹੀਂ ਸਨ। ਇੱਕ ਦਿਨ ਉਸ ਨੂੰ ਇੱਕ ਬਜ਼ੁਰਗ ਬਾਬਾ ਜੀ ਮਿਲੇ ਅਤੇ ਬਾਬਾ ਜੀ ਉਸਨੂੰ ਆਖਣ ਲੱਗੇ ਕਿ ਪੁੱਤਰ ਤੇਰੇ ਮਾਤਾ ਪਿਤਾ ਕਿੱਥੇ ਹਨ? ਉਸ ਮੁੰਡੇ ਨੇ ਉੱਤਰ ਦਿੱਤਾ ਕਿ ਬਾਬਾ ਜੀ ਉਹਨਾਂ ਨੂੰ ਰੱਬ ਨੇ ਆਪਣੇ ਕੋਲ ਬੁਲਾ ਲਿਆ ਹੈ। ਬਾਬਾ ਜੀ ਨੇ ਉਸ ਮੁੰਡੇ ਦਾ ਨਾਮ ਪੁੱਛਿਆ। ਉਸ ਮੁੰਡੇ ਨੇ ਉੱਤਰ ਦਿੱਤਾ ਜੀ, ਮਨਕੀਰਤ ਸਿੰਘ। ਫੇਰ ਬਾਬਾ ਜੀ ਨੇ ਉਸ ਨੂੰ ਪੁੱਛਿਆ ਕਿ ਤੂੰ ਕਿਸ ਸਕੂਲ ਪੜ੍ਹਦਾ ਹੈ? ਮਨਕੀਰਤ ਨੇ ਕਿਹਾ ਕਿ ਮੈਂ ਕਿਸੇ ਸਕੂਲ ਨਹੀਂ ਪੜ੍ਹਦਾ ਕਿਉਂਕਿ ਮੇਰੇ ਕੋਲ ਸਕੂਲ ਦੀ ਫੀਸ ਦੇਣ ਲਈ ਪੈਸੇ ਨਹੀਂ ਹਨ। ਬਾਬਾ ਜੀ ਨੇ ਉਸ ਨੂੰ ਕਿਹਾ ਕਿ ਤੂੰ ਕੱਲ੍ਹ ਸਵੇਰ ਤੋਂ ਨਾਲ ਦੀ ਗਲੀ ਵਾਲੇ ਗੁਰਦੁਆਰੇ ਆ ਜਾਇਆ ਕਰ। ਮਨਕੀਰਤ ਰੋਜ਼ ਗੁਰਦੁਆਰੇ ਜਾਣ ਲੱਗ ਗਿਆ। ਬਾਬਾ ਜੀ ਨੇ ਉਸ ਨੂੰ ਗੁਰਦੁਆਰੇ ਇੱਕ ਗੁਟਕਾ ਸਾਹਿਬ ਦੇ ਕੇ ਗੁਰਬਾਣੀ ਬਾਰੇ ਸਮਝਾਉਂਦੇ ਹੋਏ ਪਾਠ ਕਰਨ ਲਈ ਕਿਹਾ। ਇੱਕ ਮਹੀਨਾ ਰੋਜ਼ ਇਸ ਤਰ੍ਹਾਂ ਕਰਦੇ ਲੰਘ ਗਿਆ। ਇੱਕ ਦਿਨ ਗੁਰਦੁਆਰਾ ਸਾਹਿਬ ਸੰਗਤ ਵਿੱਚੋਂ ਕਿਸੇ ਨੇ ਮਨਕੀਰਤ ਦੀ ਪੜ੍ਹਾਈ ਦਾ ਖਰਚਾ ਚੁੱਕਣ ਦੀ ਜਿੰਮੇਵਾਰੀ ਲੈ ਲਈ। ਇਵੇਂ ਲੱਗਿਆ ਜਿਵੇਂ ਉਸ ਵਿਅਕਤੀ ਨੂੰ ਉਸ ਵਾਹਿਗੁਰੂ ਨੇ ਉਸ ਦੀ ਮਦਦ ਲਈ ਭੇਜਿਆ ਹੋਵੇ। ਮਨਕੀਰਤ ਦਾ ਦਾਖਲਾ ਇੱਕ ਚੰਗੇ ਸਕੂਲ ਵਿੱਚ ਕਰਵਾ ਦਿੱਤਾ ਗਿਆ ਅਤੇ ਮਨਕੀਰਤ ਨੇ ਆਪਣੀ ਪੜ੍ਹਾਈ ਸ਼ੁਰੂ ਕਰ ਦਿੱਤੀ। ਪਰ ਉਸ ਨੇ ਗੁਰਦੁਆਰੇ ਜਾਣਾ ਨਹੀਂ ਛੱਡਿਆ। ਵਾਹਿਗੁਰੂ ਜੀ ਨੇ ਉਸ ਦੇ ਅਜਿਹੀ ਮਿਹਰ ਕੀਤੀ ਕਿ ਵੱਡਾ ਹੋ ਕੇ ਮਨਕੀਰਤ ਦੇ ਵੱਡੀਆਂ ਕੰਪਨੀਆਂ ਦਾ ਮਾਲਕ ਬਣ ਗਿਆ।

ਇਸ ਕਹਾਣੀ ਤੋਂ ਇਹ ਸਿੱਖਿਆ ਮਿਲਦੀ ਹੈ ਕਿ ਜੇਕਰ ਸਾਡੇ ਅੰਦਰ ਉਸ ਪਰਮਾਤਮਾ ਦੇ ਲਈ ਸੱਚੀ ਸ਼ਰਧਾ ਅਤੇ ਰੁਝ ਕਰਨ ਦੀ ਤਾਂਗ ਹੋਵੇ ਤਾਂ ਪਰਮਾਤਮਾ ਆਪ ਸਹਾਈ ਹੁੰਦਾ ਹੈ।

ਨਾਂ - ਅਵੀਰੀਤ ਕੌਰ

ਜਮਾਤ - ਪੰਜਵੀ ਸੀ

ਮੇਰੀ ਮਾਂ

ਮਾਂ ਦੀ ਮੈਂ ਕੀ ਸਿਫਤ ਕਰਾਂ,
ਮਾਂ ਤਾਂ ਸੰਘਣੀ ਛਾਂ ਦੇਸਤੇ।
ਦੁਨੀਆਂ ਦਾ ਹਰ ਰਿਸ਼ਤਾ ਬਦਲੇ,
ਪਰ ਕਦੇ ਨਾ ਬਦਲੇ ਮਾਂ ਦੇਸਤੇ।
ਰੱਬ ਤੋਂ ਇਹ ਦੁਆ ਕਰਿਓ,
ਕਦੇ ਨਾ ਵਿਛੜੇ ਮਾਂ ਦੇਸਤੇ।
ਮਾਂ ਬਿਨ ਜੱਗ ਵੈਰੀ ਬਣ ਜਾਵੇ,
ਜੁਲਮ ਹੋਣ ਹਰ ਥਾਂ ਦੇਸਤੇ।

ਨਾਂ - ਮਨਜੋਤ ਕੌਰ

ਜਮਾਤ - ਪੰਜਵੀ ਸੀ

ਸਫਰਨਾਮਾ

ਮੈਂ ਸਰਦੀ ਵਿੱਚ ਆਪਣੇ ਮਾਤਾ ਪਿਤਾ ਤੇ ਭਰਾ ਨਾਲ ਸ਼ਿਮਲਾ ਆਪਣੇ ਤਾਇਆ ਤਾਈ ਜੀ ਦੀ ਵਿਆਹ ਦੀ 15ਵੀਂ ਵਰੇ -ਗੰਢ ਮਨਾਉਣ ਲਈ ਗਿਆ। ਸ਼ਿਮਲੇ ਪਹੁੰਚਣ ਤੋਂ ਪਹਿਲਾਂ ਅਸੀਂ ਸਾਰਿਆਂ ਨੇ ਹੋਟਲ ਵਿੱਚ ਦੁਪਹਿਰ ਦਾ ਖਾਣਾ ਖਾਧਾ। ਮੈਂ ਤੇ ਮੇਰਾ ਭਰਾ ਹੋਟਲ ਵਿੱਚ ਘੁੰਮੇ। ਇਸ ਤੋਂ ਬਾਅਦ ਅਸੀਂ ਸ਼ਿਮਲੇ ਲਈ ਚੱਲ ਪਏ। ਸ਼ਿਮਲੇ ਦੇ ਇੱਕ ਹੋਟਲ ਵਿੱਚ ਤਾਇਆ ਜੀ ਨੇ ਸਭ ਦੇ ਕਮਰੇ ਬੁੱਕ ਕੀਤੇ ਹੋਏ ਸਨ। ਆਰਾਮ ਕਰਨ ਤੋਂ ਬਾਅਦ ਅਸੀਂ ਸਭ ਤਿਆਰ ਹੋ ਕੇ ਹਾਲ ਵਿੱਚ ਆ ਗਏ। ਫੇਰ ਕੋਕ ਕੱਟਿਆ। ਕੁਝ ਦੇਰ ਬਾਅਦ ਰਾਤ ਦਾ ਖਾਣਾ ਖਾ ਕੇ ਕਮਰੇ ਵਿੱਚ ਸੌਣ ਲਈ ਚਲੇ ਗਏ। ਮੈਂ ਕੱਪੜੇ ਤੇ ਖਿਡੌਣੇ ਲਏ। ਫੇਰ ਅਸੀਂ ਘਰ ਲਈ ਵਾਪਸ ਚੱਲ ਪਏ। ਸ਼ਿਮਲੇ ਦਾ ਸਫਰ ਮੇਰੀ ਅਭੁੱਲ ਯਾਦ ਹੈ।

ਨਾਂ -ਜਸਨਜੀਤ ਸਿੰਘ

ਜਮਾਤ -ਚੌਥੀ ਐੱਫ



Hindi Section

पुराना जमाना

क्या था वो पुराना जमाना,
था वो भी एक अनमोल खजाना,
कोई नहीं चिंता थी तभी
अब तो नींद नहीं आती कभी,
सुबह से शाम तक बस खेलना था,
फिर भी शरीर झेलता था,
कोई नहीं था गम तब,
पता नहीं चला जाता दर्द कब,
आजकल तो फोन आ गया,
सबका समय बर्बाद करता गया,
सिखाया था बहुत मां बाप ने,
कहते नहीं थे कभी किसी बात पे,
मिलते थे बड़ी मुश्किल से पैसे,
अब तो पता नहीं उड़ता है कैसे-कैसे,
काश! वह समय वापस आ जाए,
सबके मन को फिर से हो जाए।



सुखमीत कौर
कक्षा- 5th G

हिंदी भाषा

हिंदी भाषा सबसे प्यारी
भारतीयों की राजदुलारी।
सुन्दर, सरल, सहज, मनोहारी
मानती है ये दुनिया सारी
आओ दें इसको सम्मान
मिलकर बढ़ाएँ इसकी शान
हिंदी है अपनी पहचान
हिंदी से है हिन्दोस्तान
हिंदी है एक ऐसी भाषा
भारत को है जिससे आशा
हर कोई रखता सीखने की अभिलाषा
अनेकता में एकता इसकी परिभाषा



श्रीमती सुखविंदर कौर
हिंदी अध्यापिका

कहानी - बिछड़ी बहनें

यह कहानी दो जुड़वां बहनों, आर्या और माया की है। वे जन्म से ही एक-दूसरे के बहुत करीब थीं, लेकिन उनकी किस्मत ने उन्हें बचपन में ही अलग कर दिया। जब वे केवल तीन साल की थीं, तब एक विनाशकारी बाढ़ ने उनके गाँव को तहस-नहस कर दिया। इस आपदा में, आर्या और माया अपने माता-पिता से बिछड़ गईं और अलग-अलग परिवारों ने उन्हें गोद ले लिया।

आर्या को एक धनी परिवार ने गोद लिया, जो शहर में रहता था। उसका नया जीवन सुविधाओं से भरा हुआ था, लेकिन उसके दिल में हमेशा एक खालीपन था। उसे अपने बचपन की धुंधली यादें याद आती थीं, और उसे महसूस होता था कि उसके जीवन में कुछ महत्वपूर्ण कमी है।

दूसरी ओर, माया को एक छोटे से गाँव के परिवार ने गोद लिया, जो बहुत साधारण था। माया ने अपने नए परिवार के साथ सादगी से भरा जीवन जिया, लेकिन उसके मन में भी अपने बचपन की कुछ धुंधली यादें थीं, जिनमें वह एक लड़की के साथ खेलती थी जिसे वह अपनी बहन मानती थी।

सालों बाद, एक दिन, आर्या अपने दोस्तों के साथ एक गाँव की यात्रा पर गईं। वह गाँव वही था जहाँ माया रहती थी। जब आर्या गाँव की गलियों में घूम रही थी, तब उसकी नजर एक लड़की पर पड़ी जो बिल्कुल उसी की तरह दिखती थी। आर्या की धड़कनें तेज हो गईं और वह उस लड़की के करीब जाने लगी।

माया, जो उस समय अपने घर के बाहर बैठी थी, ने भी आर्या को देखा और दोनों की नजरें मिल गईं। एक अजीब सा परिचित अहसास उनके दिलों में उमड़ पड़ा।

आर्या ने धीरे से पूछा, "क्या तुम माया हो?"

माया ने चौंक कर जवाब दिया, "हाँ, मैं माया हूँ। और तुम?"

आर्या की आँखों में आँसू आ गए, "मैं आर्या हूँ, तुम्हारी जुड़वां बहन।"

यह सुनते ही माया की आँखें भी नम हो गईं और वे दोनों एक-दूसरे के गले लग गईं। इतने सालों की दूरी और अलगाव का दर्द जैसे उनकी बाँहों में पिघल गया। उन्होंने एक-दूसरे से अपने जीवन की कहानियाँ साझा कीं और समझा कि कैसे किस्मत ने उन्हें अलग कर दिया था।

आर्या ने माया से कहा, "मैं तुम्हें अपने साथ शहर ले जाना चाहती हूँ, हम एक साथ रहेंगे जैसे पहले रहते थे।"

माया ने मुस्कराते हुए कहा, "मैं भी यही चाहती हूँ, लेकिन मेरे गाँव और मेरे नए परिवार के बिना यह मुमकिन नहीं है।"

आर्या ने सोचा और फिर प्रस्ताव दिया, "तुम्हारा परिवार भी हमारे साथ चल सकता है। शहर में हमारे पास जगह की कमी नहीं है, हम सब एक साथ खुश रहेंगे।"

माया के परिवार ने इस प्रस्ताव को स्वीकार कर लिया। वे सब शहर में आ गए और एक खुशहाल जीवन शुरू किया।



अनुरीत कौर
कक्षा - 7 A

पानी का मोल

पानी है कितना अनमोल,
जान लो तुम इसका मोल।
धरती है इसके बिना सूनी,
बिन इसके जीवन का नहीं है मोल।
पानी से यह धरती बनी,
पानी से बने हम और तुम।
पानी से हरियाली यहां,
पानी बिना यहां सब गुम।
पानी बिन ना रहे पाए धरती पर,
बिन पानी सूखा पड़ जाए इस धरती पर।
पानी बिना न रहे कोई जीवित यहां,
शमशान बन जायेगा इस धरती पर।
करती धरती यही पुकार, पानी का मोल पहचानो।
पानी व्यर्थ ना गंवाओ, इसे बचा लो।



एंजला
कक्षा आठवीं जी

कुदरत

कुदरत हुई मेहरबान,
तो जीने लगा इंसान।
इंसान की हर सांस पर है,
कुदरत का एहसान।।

खुद को बुद्धिजीवी समझ
निरंतर बढ़ रहा है आगे,
तरक्की के नाम पर
तोड़ता जा रहा है कुदरत के धागे।।

इंसान और कुदरत के सहयोग से
चलती है ये सारी सृष्टि।
पर इंसान ने तो इस कुदरत पर,
डाल दी है अपनी कुदृष्टि।।

इस कुदरत के साथ खिलवाड़ कर,
कर रहा स्वयं को नष्ट।
भौतिक सुखों की चाह में,
दे रहा संपूर्ण जगत को कष्ट।।

ए इंसा ! अगर अभी भी ना संभले
तो वह दिन दूर नहीं।
इस धरती पर सांस लेने को
हवा भी मिलेगी कहीं-कहीं।।

खुदा की दी इस नियामत का
दोहन इस तरह तो ना करो।
आने वाली पीढ़ियों के बारे में,
कुछ तो सोच-विचारों।।

श्रीमती संतोष
हिंदी अध्यापिका

इंसान के रूप में भगवान जी आये

एक बार की बात है एक बहुत ही गरीब लड़की थी रोहिणी और उसका एक भाई भी था लक्ष उन दोनों के माँ बाप भी नहीं वो दोनों एक छोटी सी झोपड़ी में रहते थे रोहिणी माचिस बेचकर खाना खाते वो बस पांच या दस रुपये कमती थी एक दिन जब रोहिणी माचिस की तीली बेचे के लिए गई तो बाहर बहुत ही ठंड थी रोहिणी की एक भी माचिस की तीली नहीं बिखरी थी फिर कुश देर बाद एक बूढ़ा आदमी रोहिणी की तरफ आया तो आदमी ने रोहिणी की सारी माचिस की तीली खरीद ली और रोहिणी को बहुत सारे पैसे दिए और एक भगवान जी की तस्वीर दे दी और आदमी ने रोहिणी को कहा कि जब वो तुम्हें कोई जरूरत होगी तो बस भगवान जी के आगे प्रार्थना करना फिर वो आदमी बहुत ही तेजी से चला गया रोहिणी ने उसको दूँढो पर रोहिणी उसे नहीं दूँढ पाई फिर रोहिणी को अहसास हुआ कि वो आदमी कोई साधारण आदमी नहीं तो भगवान जी इंसान के रूप में आये थे।



दमनीत कौर
कक्षा 7th C

इंसान

खुशी के सिवा ना कुछ चाहता है इंसान,

देख कर मौत को सहम जाता है इंसान,

सुख पाने के लिए बुरा अपनों का भी कर जाता है इंसान

देता है धोखा भगवान के नाम पर,

अब तो पैसे के लिए बिक भी जाता है इंसान



सुश्री परमजीत कौर
हिंदी अध्यापिका

Empowered Class Group Leaders and Monitors

Grade - VI



VI - A

VI - B

VI - C

VI - D



VI - E

VI - F



VI - G

Grade - VII



VII - A

VII - B

VII - C

VII - D



VII - E

VII - F

VII - G

Grade - VIII



VIII - A

VIII - B

VIII - C

VIII - D



VIII - E



VIII - F



VIII - G

Grade - IX



IX - A

IX - B

IX - C

IX - D



IX - E



IX - F

Grade - X



X - A



X - B



X - C



X - D



X - E

Grade - XI



XI Arts A



XI Arts B



XI Comm. A



XI Comm. B



XI Sci. A



XI Sci. B

Grade - XII



XII Arts A



XII Arts B



XII Comm. A



XII Comm. B



XII Sci. A



XII Sci. B

